

GROWS HERE

HAPPY SPRING FROM TVIW!

Health and Wellness at The Village

Learn about our amenities, classes, and more! **Page 4**



AGE STOP

Poems, Essays, and Reflections

Original Writings by TVIW Residents

Around the House

Photos of our residents, families, and staff! Page 8

SPRING 2022



President and Chief Executive Officer

Dear Friends,

In this issue of The View, residents and staff were invited to share short stories demonstrating The Village's mission, spirit, and faith.

Whether in literature, theatre, or film, the best stories are those where a hero's fortitude is tested as he or she faces adversity, struggles through dangers, and despite the challenges, ultimately finds victory by the story's end.

As I reflect on the past two years of the pandemic, as well as winter storm Uri, there are many heroes that have, and continue to support The Village at Incarnate Word. The Village staff are true heroes. The majority did not cut and run because of the hazards of COVID-19. They have, and continue to show up for work, even when shortstaffed, and provide excellent services and care to our residents. Donors, residents, residents' friends and families, volunteers, and fellow ministries like the University of the Incarnate Word have been heroes to The Village. They support our operation through prayer, donations, volunteerism, letters, and words of encouragement. After the COVID-19 outbreak in our memory care, many families brought food to the Angelique staff to say thank you for providing care through that dangerous and exhausting time. CHRISTUS Santa Rosa provided the nurses and the COVID-19 vaccines to begin vaccinating The Village staff before they were readily available for senior living providers. Ray Carvajal and Carvajal Pharmacy continue to work closely with The Village offering not only COVID-19 vaccines and boosters, but also other immunizations against various diseases.

There are many, many stories that demonstrate that the work we do is God's work. Our Father is here, lighting our path, orchestrating connections with others, where bonds are grown that support The Village's mission to extend the healing ministry of Jesus Christ.

I hope you enjoy reading stories from around The Village community. You, our readers, continue to support our mission through prayer, donations, and volunteer work. Thank you all.

Most sincerely,

and Haminon

THE VILLAGE

2022 BOARD OF TRUSTEES

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OUR MISSION

To extend the healing ministry of Jesus Christ to all those we serve.



SPRING 2022

Living Our Mission

Sr. Shirley Vaughn, CCVI, MA | Mission Integration Director

When I read that the theme for this issue was "storytelling," I immediately thought of the old Christian hymn I Love to Tell the Story. If you aren't familiar with it, the refrain goes:

I love to tell the story; 'twill be my theme in glory to tell the old, old story of Jesus and his love.

Since you are reading this soon after Easter, this verse seems so appropriate:

O wonderful redemption! The price for sin is paid. Salvation is accomplished, my heart is unafraid, for God has raised Christ Jesus to show the work was done; his glorious resurrection declared the vict'ry won!

SCAN TO HEAR "I Love to Tell the Story"

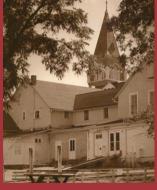


More than 150 years ago, a new chapter of the story began, though not included in the song. Bishop Claude Dubuis, the second bishop of Galveston, which included the entire state of Texas, familiar with the sad post-Civil War condition of his diocese, sought to bring religious sisters into Texas to care for the sick and for orphans. Having failed to receive any communities from the eastern states, he appealed to a cloistered order of nuns in his native France with these words, "Our Lord Jesus Christ, suffering in the multitude of the sick and infirm of every kind, seeks relief at your hands." Mother Angelique Hiver, who received his letter, agreed to receive any young women that she recruited and train them in the Incarnational spirituality that motivated both her Order and Bishop Dubuis. She promised to prepare them to live that spirituality, not as cloistered nuns, but as active sisters, who could do the works needed.

Fast-forward to 1986 when the need for a new retirement facility for the Sisters became evident and the opportunity for a renewed ministry of care for the elderly, which had been a reality in the early 20th century, seemed to be present. A new chapter of the story began with the construction of The Village at Incarnate Word on the grounds of the Sisters' Motherhouse. Srs. Mary James Whalen⁺ and Rosita Hyland worked diligently with architects, financiers and contractors to get the project started. Sr. Angelica Coleman⁺ undertook training to become a Licensed Nursing Home Administrator when the facility opened in 1988. Sr. Margaret Nugent⁺ followed Sr. Angelica. Several dedicated lay administrators continued the story of

caring for Jesus in the persons of the sick in DeMatel House extended care. In the early years of the independent living area, Srs. Philomena Birmingham, Margaret Mary Curry[†], Rosalie Glynn[†], Mary Veronica Drugan, Brigid Conlon[†], Teresa Grabber[†] and Bette Bluhm served with Administrator Richard Boyd and CEO Steve Fuller and other lay leaders to build up an excellent retirement community.





SPRING 2022

L: Sr. Angelica Coleman⁺ and Richard Boyd, R: The Motherhouse, prior to TVIW's construction

It seems that COVID-19 and the changing attitudes toward congregate living have ushered in a new chapter; a chapter that includes lay residents and Sisters still learning and growing through Bible studies, through outreach to the homeless, through spiritual direction through the regrouping of our spiritual life committee, and frequent ecumenical services, but the story continues: that old, old story of Jesus, the Incarnate Word, and his love.



Health and Wellness at TVIW

AMENITIES

Wellness Center Located near our Independent and Assisted Living, our wellness center includes fitness machines and equipment for personal use such as treadmills, recumbent bikes, punching bags, exercise balls, and more. There also is a dedicated room for massage therapy sessions.

Aquatic Center The Linda and Sid Williams III Aquatic Center is home to our heated indoor pool, jacuzzi, and locker room area with showers, bathrooms, and changing areas. The pool is open year-round and has an ADA lift to ensure that the pool is accessible to all.

FITNESS CLASSES

Mindful Movement

Learn how to be present and aware of your body mechanics and breathing.

Strength Conditioning

Work with your own body weight to increase strength.

Interval Training

Execute movements for 20 seconds, rest for 10 seconds.

Chair Fitness

Perform stretching, strength training, and cardio exercises while seated.

Boot Camp

Work with your own body weight, fitness machines, and equipment.

Water Wellness

No swimming and easy on your joints! Perform exercises in chest deep water.

Pilates/Yoga

Practice static and dynamic easy flow movement laying, standing, or seated.

Hiking/Cycling

Spend time in nature exploring TVIW's campus and adjacent Headwaters Sanctuary.



Meet our Fitness instructor ANDREA TERCERO MS, LMTI, LMT

Andrea has worked at TVIW since 2008. She began as a UIW intern offering three classes a week and now serves as our full-time instructor

offering 25 classes per week! Andrea is certified in Pilates, Yoga, Group Exercise, and Step Aerobics. She is also a Licensed Massage Therapist and Personal Trainer offering 30/60-minute private sessions to residents for an additional fee.

The three main components to Andrea's fitness philosophy are strength, flexibility, and cardio training. On her personal philosophy she shared,

"I want to help people to stay as independent as possible. I always tell people, 'Moving = independence' so if you want to stay independent, you have to keep moving."

> To learn more about how you can stay active and join the fun, contact Andrea at (210) 829-7561 x197.



Carol and family on St. Patty's Day



Sr. Matilda on Valentine's Day



Gilda, Sue, and Jerry toast to TVIW



Charlie, Nelly, Olga, and Kathy create St. Patty's Day crafts



Mary and Fiesta queens



Paul and Sr. Josetta at the Incarnate Word Day Rose Petal Ceremony



Sr. Consuelo and Jo



Robert and Ruth dance on Mardi Gras



Sr. Mary Eustace and Sr. Margaret



Jeanette poses with Irene, 1st Place Fiesta Hat Contest

AROUND THE HOUSE



Betsy, Fiesta Cavaliers, Sr. Juanita, and Sr. Teresa



Sr. Eileen and Sr. Marian greet a Fiesta queen



Linda and Devona



Julett, 1st Place Fiesta Walker Contest



Our Village Community is filled with vibrant people who have wonderful stories which delight us on a daily basis. We asked our residents and staff to share their favorite memories, write about their happiest day, or share their personal reflections. Here are just a few. We hope in reading them you will see just how special our Village is.

BEA F.

I grew up in Corpus Christi and went to Incarnate Word Academy (class of 1950). I married Bill, also from Corpus Christi, and moved to San Antonio in



1962 where we had seven children (including three daughters who went to Incarnate Word High School). I have been a widow since 1997, but I have 31 grandchildren and going on 24 greats!

Some of my favorite memories are high school dancing on the piers of Corpus Christi Bay, a visit on the train to my aunt in Los Angeles, trips to Acapulco with Bill and other couples, and meeting my first grandchild, born in Rome.

The best day of my life was my 90th birthday party with all my loved ones present, dancing to a live jazz band. My children and grandchildren performed songs, one from each decade of my life, and culminated in a New Orleans-style parade to "When the Saints Come Marching In"!



Bea and her family at her 90th birthday party

JOHN M



My dad worked for the railroad, so we lived lots of places, but mostly in Marshall, TX, on the LA/TX border. In the beginning of the 9th grade I got expelled from school by the nuns and I was sent to a boarding school for delinquent boys. I hid out in the library and that's where I learned to enjoy reading.

When the Korean War broke out in 1950, I enlisted in the Navy and served aboard a ship for four years in the Pacific. The most happy event in my life occurred when I was discharged, went back to college, and met my wife, Marty, at Our Lady of Grace church in San Antonio while working on my Master's degree.

In San Antonio, I worked at Frost Bank, managing people's investments, and raised six children with my wife. We moved back to Dallas and were there for 35 years, before eventually coming to The Village.

SR. JOSETTA

In 2015, I had just signed my contract to teach for the 27th year at Immaculate Conception School in Jefferson City, MO, (the grade school from which I graduated). But God had other



plans for me when I received a phone call from my niece in Fort Worth. Her mother, my sister, Billye, was in the hospital and would need 24/7 care when she was released. I asked the congregation for permission to go to Fort Worth to care for her as my ministry, and they granted my request.

Four-and-a-half years later, Billye was on her death bed. I bent down to her and said, "Billye, you are dying; you know you are dying and we know you are dying. Why don't you just tell Jesus you are sorry for your sins and then say, "Jesus, I love you." I noticed her lips began to move and I could read her lips saying, "Jesus, I love You" over and over. All of the sudden she opened her eyes real big and had a BIG smile on her face!!! We all knew God had come for her. What a beautiful experience, even though it was tough for us all to let her go.

NANCY B.

I am from San Antonio, but I was raised all over the US. I remember once, we were in Rosehill, VA, and it started snowing in November. Dad got out the bobsled and let all the kids on our street take turns on it. I've never seen Dad happier than that day.



Nancy and her siblings as children...



Dad was in the Army and had to go over to

...and all grown up!

Vietnam twice. We did not like seeing him going to war, but I am very proud to have grown up in a military family. My great grandfather was in the 5th Calvary Division and my father retired as a colonel in the army.

I attended Roosevelt High School in San Antonio and when I was in the 10th grade, I got to go to my first military ball. But the best day of my life was when I married my husband, Lee, on April 5, 1985. We were married 20 years until Lee passed on March 5, 2005.

Family means everything to me and so do my friends here at The Village. You are all family to me.

KATHY O.

Over the years I have had many days that were "best" days of my life. I want to mention a few that could be in the running:



Kathy and her husband, Rene

my birth, Baptism, First Reconciliation, First Holy Communion, Confirmation, Anointing of the Sick. I would also consider graduating from high school, college, first teaching job, Matrimony, birth of our three sons, their marriages and the birth of our five grandchildren.

As I have given it some more thought, today is going to be the best day of my life. I have been given one more day to live and love God and my fellow man. How will I answer the call to serve? I will try to live each day as if it could be my last.



We are blessed at TVIW to have many staff members with hidden talents that they are generous enough to share with us. One of these talented people is receptionist, Francine, who is a gifted writer and musician and shared the following poem with us:

A God That Remains The Same

By Francine Whigham

Although the times before us Are in a constant change Our God is one whom we can trust For He remaineth the same,

His strength conquers our every mountain And His vision our every dream, For nothing is impossible through Him The moment we believe,

So as you surrender that heavy burden Give it to God now dear friend The creator of our earth knows how to connect the pieces And He can restore your life again,

For we know no matter how times are changing There is One that remains the same We can trust Him whether day or night, just call And Jesus is His name.

PATSY T.

I was born July 4, 1938, in Gladewater, Texas. When I was one year old, we moved to Fort Worth to a house on Malta Street that I loved. It had a huge front



porch and I loved to sit there and play Jacks. In the backyard, there was a honeysuckle bush and to this day, whenever I smell honeysuckle I'm reminded of my childhood.

During World War II, I remember that my mother and I would walk up Hemphill Street to Draper's Grocery Store. A lot of food was rationed and you had to have coupons to get certain things. Sometimes, Mr. Draper would save things for his regular customers, so when he got Carnation's condensed milk, he would set a can aside for my mother. With it, she would make the BEST lemon pie with a graham cracker crust. I savored each bite slowly.

I also remember when we had a blackout drill. We were all supposed to turn out our lights and planes would fly over to check the city. When they flew over, my parents and I went out on the porch to watch them.

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SPRING 2022

TVIW's Charitable Efforts

The Village at Incarnate Word is a 501(c)(3) nonprofit providing the full continuum of care to aging adults in a spiritually enriched environment. We are built upon the principles of serving with compassion, dignity, and respect. These values are at the heart of everything we do, from our thriving residential retirement community to in-home personal care services assisting older adults throughout San Antonio.



CCVI Legacy Fund*

TVIW's rent assistance program aids current residents who encounter serious financial difficulties and become unable to pay. In 2021, approximately one in four TVIW residents received monthly subsidies. Donor support provides crucial housing security to older adults.

*The CCVI Legacy Fund is named for our founders, the Sisters of Charity of the Incarnate Word. They use the abbreviation CCVI which is Latin for "Congregatio Caritatis Verbi Incarnati".



Project Elder Help

TVIW's in-home personal care assistance agency, Sisters Care, provides lifeenriching, individualized services for older adults. Whether the goal is to maintain independence and age-in-place at home or give respite to families caring for their loved ones, Project Elder Help offers financial assistance on a sliding scale basis to qualified clients who could not otherwise afford care. Charitable contributions enable TVIW to serve low-income adults throughout Bexar County. Beneficiaries require daily assistance with bathing, dressing, ambulatory care, homemaking, transportation, and companionship. Regardless of financial situation, everyone deserves comprehensive, compassionate, and supportive care.

Spiritual Life and more

Our spiritual environment includes daily Mass and Adoration, weekly Bible study, and interfaith groups. TVIW maintains four places of worship: St. Joseph's, Adoration, DeMatel, and Angelique Chapels.

The Village at Incarnate Word offers holistic opportunities for residents to enhance their lives... strengthen and improve physical health, maintain / expand intellectual abilities and mental acuity, friendships to maintain and support emotional health, and spiritual enrichment to deepen community members' relationship with God.

How You Can Help

Every dollar raised impacts the lives of older adults served by The Village at Incarnate Word. Please consider making a gift today!

DONATE ONLINE

Donate using your credit or debit card at www.bit.ly/tviwgive

DONATE BY MAIL

Checks made payable to: The Village at Incarnate Word Attn: Development Office 4707 Broadway San Antonio, TX 78209

LEARN MORE

For more information, visit www.thevillageiw.org, call (210) 829-7561 x162, or email us at give@thevillageiw.org

EMPLOYEES OF THE MONTH



JANUARY Irma Serrano Angelique House

Irma has worked at TVIW for an incredible 18 years.

She is a caregiver in Angelique House in Memory Care and Assisted Living. The residents in these areas speak very highly of her and appreciate all the love she puts into her work. She is always learning new skills and is a true pillar for new employees and residents that need help adjusting. Thank you, Irma, and congrats!



FEBRUARY Terri Landez

Terri has worked at TVIW for 2 1/2 years. She creates

our quarterly newsletter, "The View", manages TVIW's social media, and also recently lead our inaugural Valentine's candy grams fundraiser. Terri also shares her musical talents with our residents by playing cello frequently throughout The Village. Thank you, Terri, and congrats!



MARCH Juanita Reyes Housekeeping

Juanita has worked at TVIW for 2 1/2 years.

Her supervisor, Mary, praised Juanita for always being reliable, flexible, and willing to help. In addition to having perfect attendance, Juanita has a wonderful smile and a heart for others. She always goes above and beyond to serve our residents and her coworkers. Thank you, Juanita, and congrats!

Thank you for living our mission!

The Village News

LEAVE US A REVIEW

If you or a loved one have benefited from living at The Village at Incarnate Word, please take a quick 60 seconds to write a Google review!

Scan QR code



or visit bit.ly/reviewtviw

You may also call Terri at 210-829-7561 x190 to give a testimonial over the phone, or to schedule an in-person interview.

FOLLOW US

Stay connected and join the fun! Follow us for photos from events and resident activities, announcements, weekly FB Live Mass in St. Joseph's Chapel, and more!



Facebook



Scan QR code -----> UBE









YouTube



@thevillageatincarnateword

Thank you! Gifts received Jan. 1 - Mar. 31, 2022

Alamo Area Home Care Council Anonymous Olga Arias Sr. Louise Delisi, CCVI Sr. Mary Veronica Drugan, CCVI Betty Ebrom Joe and Irene Fernando Marianne Fischer Paul Gergen James and Terry Gouger Sarah Henderson Susan B. Jung Mattie Neff Edna L. Moon Fr. Jim Rutkowski Sr. Teresa Stanley, CCVI Texas Chiller Systems

Monthly Donors

Sharon Baker Nancy Blythe Joan Dixon Jeanette Eisenmenger Irene Golla Bebe Rosser Niki Simpson Col. Ambrose and Beverly Szalwinski Yvonne Weber

Legacy Gifts

Estate of Homer N. Blair Estate of William Goggin Estate of Regina K. McMurtrie

In Memory of...

Charles Cheever Thomas and Marvanne Guido Louise W. Hall Patrick and Eileen Dovle Sr. Mary Dolores Dovle, CCVI Oscar "Lee" Garcia Anonymous Robert Kiolbassa Thomas and Maryanne Guido Kathryn LeFlore Barbara B. Wood Mary Martha McNeel J.S. Christenson Buddy Meyer Patricia Zinsmeister Helen Rogers Mr. and Mrs. Phil Kelley Mr. and Mrs. Albert Perez Richard and Marianne Rouse Maribeth Sears Dolores Tercero Saucedo and Gerardo "Jerry" Saucedo Anonymous Mr. and Mrs. Shirley Vaughn Judy Rosanno Sr. Shirley Vaughn, CCVI

Would you like to make a gift in memory of a loved one?

Donate online at bit.ly/tviwgive, call (210) 829-7561 x162, or email give@thevillageiw.org

In Honor of... Sr. Matilda Fagan, CCVI

br. Matilda Fagan, CCVI Dr. Ann Nauman

In Memoriam Jan. 1 - Mar. 31, 2022

The Village at Incarnate Word is grateful for the opportunity to have served the following residents:

<u>Residents</u>

Jesus "Jesse" Alfaro Marvin Barenblat Homer Blair Billie Mae Cass Sr. Sheila Conlon, CCVI Manuel Elizondo Dr. Fernando Guerra Dolores Greener Billy Ivy Kathryn LeFlore Gloria Massey Eugene Mazzurana Albert McNeel Ruben Sepulveda

<u>Community Members</u> Nancy J. Cheever Benefactor

What is a Legacy Gift?

Legacy gifts can be large contributions made after your death, or as planned gifts to ensure your legacy and blessings will be shared with the TVIW community even after you are gone. There are many ways to plan your legacy giving through your will, estate, trust, or other methods.

Making a planned gift to The Village at Incarnate Word is an important decision and one that reflects your support for our mission and values, as well as your personal charitable goals. If you are considering making a planned gift, we encourage you to reach out to The Village at Incarnate Word and your attorney to determine the planned giving option that is right for you.

For more information, email give@thevilliageiw.org or call (210) 829-7561 x150.



How will you be remembered?



Our first Valentine's Candy Grams fundraiser was a huge success! Thank you to all who donated:

Anonymous Valerie Arcement **Darlene** Ayraud Sharon Baker Ann Beck Lea Brogan Rebecca Bustamante Joan and Robert Carabin Sr. Kathleen Conway, CCVI Alma Cosme **Geoffrey Crabtree** Joanne Curry Gail Daleiden **Jillian Daleiden** Mica Daleiden Joan Dixon Tim Don Sr. Mary Dolores Doyle, CCVI Elizabeth Dziuk Carole Elledge Sr. Josetta Eveler, CCVI Sr. Jane Farek, CCVI Joe and Irene Fernando Virginia Funk Scarlett Garza Sr. Ann Geever, CCVI Sr. Eleanor Geever, CCVI Dulce Gonzalez Nellvvette Gonzalez-Martinez Sr. Mary Catherine Grehan, CCVI Paul Harrison Velma Hinoiosa **Beatrice Husband** Lynda Jennings Doris K. Singleton Gwen Kline Courtney Kuehl Robert and Ruth Kusenberger Julianne and Peter Landez Sr. Sarah Lennon, CCVI Mary Lockhart **Douglas Martin** Julie McGarraugh Sharon and Sam Mungo Patricia O'Brien Sr. Mary T. Phelan, CCVI Sandra Rincon Maria Rodriguez **Topacio Rodriguez** Janeen Ryan Don Schmidt

Niki Simpson Donna Small Annie Snider Fernando Sorolla-Delgado Michele Stanush Yolanda Teniente Dana Terracina Gisel Torres Sr. Shirley Vaughn, CCVI Lisa Vigil Julie Wauters Carol White Sr. Teresa Whyte, CCVI Margaret Wolf Betty Yndo



SAVE THE DATE

TVIW's next Special Event/Fundraiser

Starry

Benefiting The Village at Incarnate Word

Thursday Sept. 29

5:30 -8 p.m.

at the San Antonio Botanical Garden

2022 Honorees

The Honorable Nelson W. Wolff, Bexar County Judge Tracy Wolff Founder, The Hidalgo Foundation



The Village at Incarnate Word 4707 Broadway San Antonio, TX 78209 (210) 829-7561 www.thevillageiw.org

THE VILLAGE

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ON THE COVER

Bebe enjoys a margarita during our annual "Fiesta at The Village" event.

COMMUNITY FEATURES

- Four Living Areas: Independent Living, Assisted Living, Extended Care, and Memory Care
- Centrally Located in Alamo Heights
- Concierge, Housekeeping, Maintenance, and Transportation
- Restaurant and Bistro Style Dining
- Indoor Pool and Fitness Center



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Start living every day like it's Spring Break! Call to learn more.

(210) 829-7561

Visit www.thevillageiw.org to learn more.