

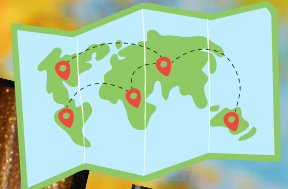
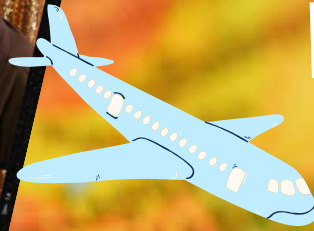


THE VILLAGE
AT INCARNATE WORD

THE VIEW

A Publication for Residents, Staff, Families, and
Friends of The Village at Incarnate Word

ENJOYING THE JOURNEY



Journey of a Lifetime

Our residents
tell us about
their favorite
adventures

Pages 6-7



Around the House

Photos of our
residents
and staff

Page 5



Save the Date!

Support
our fall
fundraiser



Page 11

SUMMER 2022



Message from Paul Harrison

President and Chief Executive Officer

Dear Village Friends,

Over Memorial Day weekend, my niece and her family moved from Corpus Christi to San Antonio. Unfortunately, when they met their movers at their apartment, they found that their apartment's air conditioner was not working. The air conditioner not working was one of several issues they unexpectedly had to deal with that weekend.

Late one evening that weekend, she and I were standing in a checkout line after purchasing bedding, and she says, "I'm supposed to be living my best life, and this move is not how I envisioned it would be." While I will not get into the complexities of Generation X, Millennials, and Generation Z, I often hear the phrase "living my best life" from Millennials, the group to which my niece belongs.

This issue of "The View" is dedicated to the journey of life. We each take this journey, a journey filled with family, friends, great decisions, bad decisions, sickness, heartache, happiness, new adventures, moves, and dealing with busted air conditioners over a holiday weekend. The difficulties of life, make the simple things, like ice cream on a Sunday afternoon, much easier to appreciate.

As you might imagine, our residents have many life experiences shaped by their journeys. I invite you to visit the Residents' Corner and read of few of life's journeys shared by our residents.

Speaking of journeys, I am excited to announce that Rachel Downey Castro will be joining The Village as our new Vice President of Development. She is currently finishing her obligation as Development Director for Texans Can Academies here in San Antonio. She has been with Texans Can Academies for six years. Prior to that, she was with the YMCA for several years. She attended Abilene Christian University where she received a Bachelor's in Business Management and she holds a Master of Business Administration from The University of Texas at San Antonio. I look forward to introducing Rachel when she starts her journey with The Village at Incarnate Word.

May you find enjoyment in reading this edition of The View and contemplating your own life's journey.

Kindest regards to all,

Paul Harrison
President & CEO



THE VILLAGE
AT INCARNATE WORD

2022 BOARD OF TRUSTEES

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Joseph Ward, LPC, LMFT

OUR MISSION

To extend the healing
ministry of Jesus Christ
to all those we serve.

a sponsored ministry of the
 **SISTERS OF CHARITY OF
THE INCARNATE WORD**
SAN ANTONIO

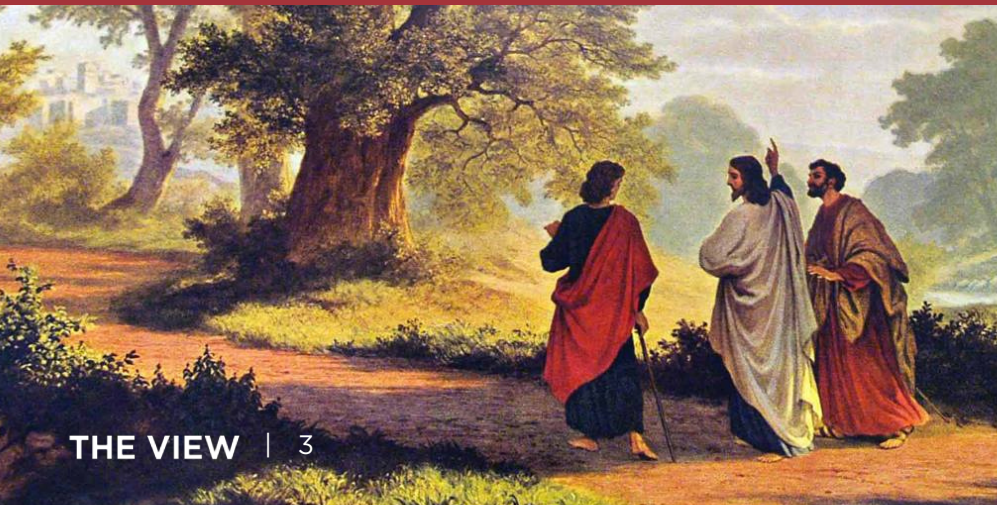


Living Our Mission

Sr. Shirley Vaughn, CCVI, MA | Mission Integration Director

The theme of journey reminds me of one of the best-known journeys recorded in the Gospels. It is a post-Resurrection account in Luke 24, beginning with verse 13: "Now that very day two of them were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred." Suddenly Jesus joined them as a fellow traveler, but they did not recognize him. He asked them what they had been discussing and they told him about their discouragement as they had been disciples of a prophet named Jesus, whom they had hoped was the Messiah, but the Romans had crucified him three days prior. They added that some women disciples had gone to his tomb that morning and found it empty. The women said that angels had told them that Jesus was alive. Jesus explained to them that it was necessary that the Messiah should suffer these things and enter into his glory and he interpreted to them all the scriptures that pertained to him. When they reached the village of Emmaus, the two disciples pressed Jesus, whom they still did not recognize, to stay with them for supper because it was late in the day. Finally at the table, they recognized Jesus when he blessed and broke the bread.

In our own journey of life, our challenge is to recognize Jesus' presence in the events of our daily lives, for he always walks with us in the good times and in the difficult times. He explains the meaning of discipleship in the Scriptures and he feeds us in the Eucharist. The biggest challenge of all is to recognize Jesus in the people we meet every day. We know that he is present in them because he told us, "Whatever you do to the least of my brothers, you do to me." Sometimes the people we meet do not act like Jesus; deliberately or unintentionally, they hurt us or people that we love. They do not see situations the way we do and they react in ways that do not sit well with us. It is hard to see Jesus in them, but this is what believing in the incarnation of the Word in the person of Jesus demands. So whether it is a resident who is complaining or a weary care-giver who snaps when asked for help or a visitor who causes a problem by refusing to follow our protocols, we must treat them as we would treat Jesus; this is our mission.



Congratulations, Jubilarians!

Each spring, the Sisters of Charity of the Incarnate Word celebrate the significant anniversaries of the profession of vows.

This year in the United States, Sister Margaret Patrice Slattery celebrated 75 years as a vowed member of the congregation. Sr. Margaret Patrice lives in DeMatel House in The Village.

Several Sisters celebrated 60 years of vowed life: Sr. Bette Ann Bluhm, Sr. Carol Ann Jokerst, also a resident of DeMatel House, Sr. Margaret Mary Kelly, Sr. Eileen O'Keefe and Sr. Eilish Ryan.

Our Sisters in Mexico also celebrated 60, 50 and 25 years in the congregation.



Sr. Margaret Patrice Slattery



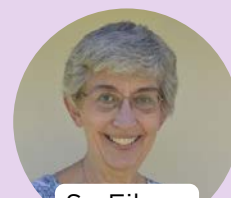
Sr. Bette Ann Bluhm



Sr. Margaret Mary Kelly



Sr. Carol Ann Jokerst



Sr. Eileen O'Keefe



Sr. Eilish Ryan

A DAY IN THE LIFE

Independent Living

at The Village at Incarnate Word

Do you want to live at The Village?

To learn more or schedule
a tour, call Alma Cosme

(210) 829-7561 x 114



9:00 A.M.

FITNESS CLASS WITH ANDREA

Stretch and wake up with a group fitness class! Morning classes focus on either Mindful Movement, Strength Conditioning, or Interval Training. All classes can be completed sitting or standing, so everyone can participate.



11:30 A.M.

MASS IN ST. JOSEPH'S CHAPEL

We are proud to offer daily Mass in our on-site sacred space, St. Joseph's Chapel. Come to pray, gather with friends and neighbors, and receive spiritual support from our Chaplain, Fr. Jim, or our other Spiritual Life staff.

12:30 P.M.

LUNCH TIME

Enjoy restaurant-style dining with some friends at the Main Dining Room or stop by the Bistro for convenient, cafe-style dining. Choose from daily specials, everyday menu options, beverages, desserts, and more. Bon appetit!



2:00 P.M.

AUDIT A CLASS AT UIW

Whether you want to learn something new or polish up on some old skills, there are plenty of free educational opportunities available at the University of the Incarnate Word, conveniently located next to our TVIW campus.

6:30 P.M.

ENJOY A NIGHT ON THE TOWN

Take a ride on our Village shuttle for some fun in San Antonio at local restaurants, museums, and destinations. Recently, we've enjoyed visiting the Pearl, Blue Star Brewery, Missions, Tobin Center, McNay Art Museum, Riverwalk, and more.



AROUND THE HOUSE



"Age Strong, Live Long" Walk



Hollywood Glamour "Spring Formal"



Mother's Day Mass



Hiking the Trails



Irene & Maria



Betsy & Sr. Josetta



Bebe & Xonia



Loretta



Eddice & Donnalee



Robert & Ruth at Birthday Feast Day



Genevieve

May Resident Portraits



Mission Hopping



Sr. Mary Eustace

SUMMER 2022

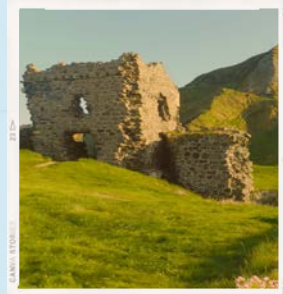
THE JOURNEY OF A LIFETIME



We asked our residents to share some memories of their travels around the world. Read their responses below on what it was like to live abroad, their favorite places to visit, and the places they still want to go!

▼ Favorite place you've ever traveled?

Ireland because I was visiting my home and my family took me on a tour of all of Ireland. I was impressed with the developments and progress since I had left many years before.
- Sr. Kathleen



As a teacher, I led 6 student trips to western Europe. We went to England, Belgium, France, Germany, Austria, and Italy. After retiring from teaching, I traveled all over the U.S. in a camper. I saw Niagara Falls, the Grand Canyon, and Mt. Rushmore, and so much more.
- Patsy T.



My favorite vacation was traveling to Germany and France to research Genealogy on our families. We saw where they lived and learned so much.
- Marie T.



I love Rehoboth Beach in Virginia. My family went there when my siblings and I were kids and when we can, we like to go there to visit as adults.
- Nancy B.



▼ If you could travel anywhere?

I would like to take a train ride through the Canadian Rockies.
-Sr. Helen Ann

I would want to go to Rome and Jerusalem.
- Jim H.

I'm planning to go to Switzerland in 2023.
-Donnalee B.



Canadian Rockies

Jerusalem

▼ If you could travel back in time, where would you go?

I'd like to be an observer at the 1st Continental Congress.
- Joan C.

My hometown of Baldwinville, MA in the 1930s.
- Doug M.

I'd go to when my husband, Robert, and I first married in 1966.
- Ruth K.

▼ Where have you lived?

I lived in the Rio Grande Valley of Texas. It is where I founded the 1st free standing birth center in Texas. I had a fulfilling profession as a certified nurse midwife.
- Sr. Angela

I lived in Chulai, South Vietnam for one year in 1969. I was in the U.S. Army and was a member of the American Division Band.
- John P. M.

In 1952, we lived in Okinawa, Japan and our daughter was born there. Then from 1957-1960 we lived at Tachikawa air base in Tokyo, Japan. Our son was born there. Then we were at the Torrejon air base in Madrid, Spain from 1967-1970.
- Edna M.

I was born in Midland, Texas, but I lived for many years in Fort Worth. That is where I married the love of my life, Eugene, and where we had our two children. Eugene and I have been together now for 68 years.
- Loretta C.

▼ Biggest adventure?

Swimming in the Dead Sea on the Israeli Side and participating in the evacuation of the Catholic Vietnamese from the North to the South of Vietnam in 1954.
- John M.

Coming to USA at the age of 25.
- Joe F.

As a lector in church working with priests.
- Joyce Z.

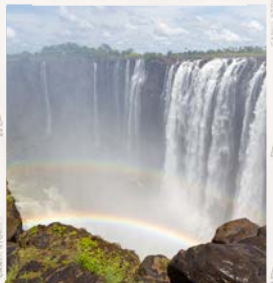
White Water Rafting in North Carolina with my young son.
- Barbara C.

Three years as a missionary in Africa.
- Sr. Jane

"The world is a book,
and those who do not
travel read only a page."

SAINT AUGUSTINE

▼ Most beautiful place you've been?



Victoria Falls

Sri Lanka - We drove past the coconut and banana plantations and ended up sleeping overnight in a National Park. You could hear tigers and elephants all night.
- Xonia K.

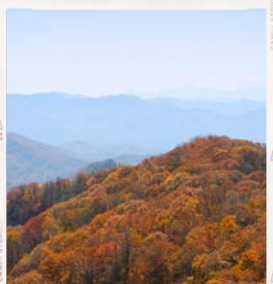
Victoria Falls in Africa.
- Robert K.

The Appalachian Mountains at the height of Fall colors in West Virginia and Virginia.
- Sr. Angela

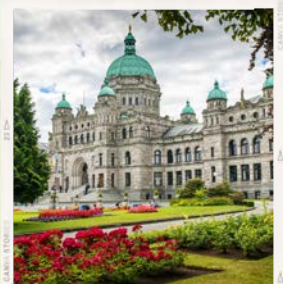
Victoria, Canada and Vancouver, British Columbia.
- Jack L.



Sri Lanka



Appalachian Mountains



Victoria, Canada



SENIOR LIVING TIPS

Overwhelmed by Downsizing?

Peggy Brown

Owner, Generations Team, LLC

Either voluntarily or involuntarily, we collect “things” as we go thru life. We have, for the most part, enjoyed the collecting and accumulating. Sometimes we have been the recipient of items passed down through the family and we are the last bastion of “keepers”. Our children don’t want the stuff – not their style, they don’t have room, they just aren’t like us in their pursuit of accumulating.

So how do we move from being overwhelmed to feeling good about the transition and excited about our newly chosen lifestyle of living smaller? A few words of advice:

1. You are in the midst of planning your next life’s adventure. You’re not moving to a nice retirement community like The Village at Incarnate Word to sit in your apartment and admire all your “things”. You are moving there for a new lifestyle, new social interaction, better meals and a less stressful life.
2. You will likely never live bigger than the apartment you are moving into. So, those things you have been holding onto until you have more space – let them go.
3. Don’t be hurt if your family doesn’t want your things. Consider an estate sale or donation.
4. Give yourself some grace and let go of the guilt of carrying family heirlooms around with you. Whether it’s an old piano, a set of Christmas china, or a grandfather clock - If you don’t have room for it, thank it for its service and tell it good-bye.
5. Less is always more in a smaller space. Bringing too much and living around boxes full of things you have no room for will only continue to remind you of the stress of moving. You’ll be amazed how easily your new apartment will become a reflection of your style. Bring essential things you love and appreciate and it will feel like home very quickly.

Don’t get so overwhelmed by the tasks ahead that you put off moving. Take your efforts a day or a room at a time and ask for help. Family, friends, the team at The Village and professionals such as myself want to help. Together, we’ll help you make this welcomed transition with as little stress as possible so that you get a fresh start with your new life!

Learn more at www.generationsteam.com

8 SUMMER HEALTH TIPS



Hydrate!

Drink plenty of water, especially if you go outdoors or work out.



Remember Sun Protection

Wear sunscreen, a hat, sunglasses, and light colors.



Avoid Peak Sunlight

Go out early in the morning or at sunset to avoid the heat of the day.

Go for a swim

Swimming is a great, low-impact way to cool off and get some exercise.



Exercise Indoors

Go to the gym, do yoga at home, or even go walk laps at the mall!



Get plenty of rest

Take naps and frequent breaks indoors to avoid heat exhaustion.



Exercise your Mind

Stay sharp by doing puzzles, reading, crocheting, or taking a class!



Be Social

Loneliness increases health risks, so stay involved in activities and connected.



'Congrats' EMPLOYEES OF THE MONTH!



APRIL

Tina Elias

DeMatel House

Tina has worked at TVIW for 8 years. She is a CNA (Certified Nursing Assistant), Restorative Nursing Assistant, and a gifted leader with a heart for others. She works with our residents to maintain their strength after completing physical therapy, plus she helps frequently with meal service and other resident needs. Congrats, Tina!



MAY

Maria Aguilar

Sisters Care

Maria has worked at Sisters Care for 3 years. She covers the Concierge desk nightly from 7 p.m. to 7 a.m. to ensure our Independent Living residents always have 24/7 support available. Her compassion and care for the residents shines through in all she does, especially in her one-on-one care for Sisters Care clients and our residents. Congrats, Maria!



JUNE

Irene Puentes

Dietary

Irene has worked at TVIW for an impressive 16 years! She is a valued member of our Dietary department and works hard to prepare and serve delicious food for our residents. In addition to her impressive dedication and work ethic, Irene always has a smile on her face and a kind word to greet you. We thank her for her cheerful attitude and commitment to our mission. Congrats, Irene!



GOOD NEWS

PAYING IT
Forward ♥♥♥

We are blessed to belong to a community of selfless, generous people who give their time, talent, and treasure to worthy causes.

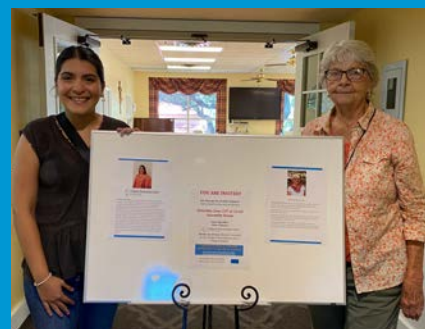
Thank you to the Incarnate Word Associates for donating yarn to our Village Knit & Crochet Club! This yarn will be used by our residents to crochet hats for kids at The Children's Hospital of S.A.



In May, our residents were inspired by UIW athlete, GG Ezedinma, who collects shoes to send to his hometown of Enugu, Nigeria. Together, our residents collected dozens of pairs of shoes to be donated.



Thank you to resident, Donnalee, for using her expertise as a retired school counselor to lead art therapy workshops at TVIW. Proceeds raised will benefit supportive services for children and families in Uvalde.



LEAVE US A REVIEW

If you or a loved one have benefited from living at The Village at Incarnate Word, please



Scan QR code
or visit bit.ly/reviewtviw

Thank you!

Gifts received April 1 - June 30, 2022

Anonymous
Olga Arias
Tom Bridges
Julett Broadnax
Sr. Louise Ann Delisi, CCVI
Gwen Derry
Irene Fernando
Sr. Bernadette Forck, CCVI
Paul Gergen
Sarah Henderson
Darach P. Kilbride
Sr. Sarah Lennon, CCVI
Muriel and Jesse Lozano
Jane Messbarger
Tita Scott
Niki Simpson
Dana Terracina

In Honor of...

2022 Jubilarians
Sisters of Charity of
the Incarnate Word
Dematel Nurses Week
Anonymous
Sr. Matilda Fagan, CCVI
Dr. Ann Nauman
Vivian Vance
Susan Wolf Robertson

In Memory of...

Jerry Bragg
Trish and Rudy Zinsmeister
Lucy Burton
Danele Cole
Eugene Mazzurana
Mary King
Darwin Mielke
Trish and Rudy Zinsmeister
Connie Nelson
Sue and Earl Dittman
Judy McNierney
Mr. and Mrs. Steve Oman
Anne Patillo
Julio and DeShea Villoch
Mr. and Mrs. Edward White
Jane White
Terry Touhey
Michael and Barbara Gentry
Heather Wren Welder
Margaret Wolf
Anonymous

In Memoriam

April 1 - June 30 2022

The Village at Incarnate Word is grateful for the opportunity to have served the following residents:

Residents

Julian Freeman Anderson
Eugenia "Tootsie" Bertetti
Gladys DeMarin
William "Bill" Fowler
Nicola "Nicki" Frey
Robert "Bob" Keahey
Connie Nelson
Ann Tobin
Terence "Terry" Touhey
Benedict "Ben" Wiatek
Samuel White
Margaret Wolf

Would you like to make a gift in memory of a loved one?

Donate online at bit.ly/tviwgive, call (210) 829-7561 x162, or email give@thevillageiw.org.

Thank you Monthly Donors!

Sharon Baker
Joan Dixon
Jeanette Eisenmenger
Irene Golla
Bebe Rosser
Col. Ambrose and
Beverly Szalwinski
Yvonne Weber

YOU CAN SUSTAIN OUR MISSION

Monthly donations are an easy, affordable, and effective way to support our Village community.

\$25 A MONTH

Can purchase supplies for daily Mass and other spiritual life programs for TVIW residents.

\$50 A MONTH

Can provide two hours of Sisters Care in-home care through Project Elder Help for someone in need.

\$100 A MONTH

Can benefit the CCVI Legacy Fund, which provides rent subsidies to TVIW residents in financial need.

To sign up as a monthly donor, visit bit.ly/tviwgive.

Get your tickets for our biggest fundraiser of the year!

Onsale now at bit.ly/tviwstarrynight

Starry night

Cocktail
Event



Honorees



Tracy Wolff
Founder,
The Hidalgo
Foundation

The Honorable
Nelson W. Wolff,
Bexar County Judge

Have fun for a great cause!

Proceeds benefit The Village at Incarnate Word, a 501(c)(3) nonprofit retirement community, and our charitable ministries benefiting seniors throughout San Antonio.

THURSDAY, SEPTEMBER **29**
5:30 - 8:30 P.M.

SAN ANTONIO
BOTANICAL
GARDEN

DRINKS | FOOD | RAFFLE | AUCTION
GAMES | MUSIC | COMMUNITY

TICKETS ONSALE NOW!



SCAN
QR
CODE

Thank you,
Sponsors!

Gold

SANDY AND
PAUL KLEIN



Silver

AAA Auger
Broadway Bank
Carvajal Pharmacy
Central Market
SWBC

Dana Terracina
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Bronze

ADT
American Paint and Drywall
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*Sponsor listing as of July 1, 2022



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ON THE COVER

Residents are looking glamorous at our "Spring Formal" held in honor of Older Americans Month on May 23, 2022.

Residents on the cover: Betsy, Rene & Kathy, Sr. Josetta, Sr. Jane & Sr. Angela, Sharon, Joe & Irene, Loretta, Nicky, Jane, Janice, Rosario, and Bob & Joan.

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