



THE VILLAGE
AT INCARNATE WORD

THE VIEW

A Publication for Residents, Staff, Families, and
Friends of The Village at Incarnate Word

LIFE'S A *Party!*

**VOTED BEST IN
SAN ANTONIO!**

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SPRING 2023



Message from Paul Harrison

President and Chief Executive Officer

Dear Friends,

The theme of this edition of "The View" is Life's a Party. When I think of parties, I think of the many reasons we celebrate. New family members, birthdays, weddings, anniversaries, reunions, and accomplishments; there are many reasons we embrace those close to us with celebrations.

Within these pages, you are invited to read about the many reasons The Village at Incarnate Word has to party and celebrate. Most recently, The Village was voted best retirement community and best assisted living in San Antonio. Our nursing facility section, DeMatel extended care, has been recognized as one of the Top 10 nursing homes in Texas. These recognitions are a reason to party, but more deeply, to celebrate the staff, residents, family members, volunteers, board members, business partners, sister ministries, and donors that made these accolades possible. The recognitions bestowed on The Village are a reflection of all the hard work of those who support our community and ministry.

Another reason to party is when an employee receives a promotion. I'm happy to introduce Iveth Torres. Iveth is a registered nurse who joined The Village in August 2022 as our weekend supervisor in DeMatel extended care. In March 2023, she was promoted to Assistant Director of Nursing. Iveth began her nursing career 10 years ago when she graduated from Galen College of Nursing as a licensed vocational nurse (LVN). After working nine years as an LVN, she returned to Galen College where she completed her associate degree to become a registered nurse in 2022. She is now working on her Bachelor of Science in Nursing degree. Way to go, Iveth! When asked about why she chose a career in nursing, she said she believes that nursing is more than a profession, it is her calling, and she enjoys every aspect of it. On her time off she enjoys life with her husband and two children.



We are certainly proud to have Iveth as part of The Village at Incarnate Word family.

Please enjoy this edition of The Village View.

Kindest regards to all,

Paul Harrison

Paul Harrison
President & CEO



THE VILLAGE
AT INCARNATE WORD

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OUR MISSION

To extend the healing
ministry of Jesus Christ
to all those we serve.

a sponsored ministry of the
 SISTERS OF CHARITY OF
THE INCARNATE WORD
SAN ANTONIO



Mission Moment

Sr. Shirley Vaughn, CCVI, MA
Mission Integration Director

When I first read that the theme for this issue of The View was “Life is a party,” I was a bit perplexed about tying that theme into a reflection on our mission to extend the healing love of Jesus Christ to all those we serve. After a while, I remembered two big parties in the gospels, the wedding at Cana, where Jesus performed the first miracle of his public life and the party celebrating the return of the prodigal son to his father’s home.

If you have had the opportunity to view season one of “The Chosen” series, you probably remember the episode on the wedding at Cana. If you haven’t watched it already, scan the QR code to watch. While including the elements found in John’s Gospel (John 2:1-11), the series fills in the cultural elements that John didn’t need to include because all his readers understood what a Jewish wedding celebration at that time entailed. Think of the best wedding and reception you’ve ever attended and multiply by ten and you will have an idea! The presence of Jesus and his followers contributed to the joy of the couple and their families – and also to the wine shortage! Jesus’ willingness to ensure the continuation of the party, shows his human nature and his compassion for the groom’s family. When Jesus provided an abundance of excellent wine, the celebration could continue to run its expected course. We strive to provide spiritual, intellectual, physical and emotional support to our residents through various activities and opportunities, so that their lives can be rich, full and happy until God calls them Home.



The second party that came to mind is found in Luke 15:23. When the foolish younger son returned to his father, after spending his inheritance “on a life of dissipation,” he was hoping to be received back as a hired hand. Embarrassed by the shame he had brought on his father by his poor decisions, but dying of hunger in a foreign land, he came to his senses. His father, however, had been hoping for the day his son would return and “while he was still a long way off, his father caught sight of him, and was filled with compassion. He ran to his son, embraced him and kissed him.” The son barely got his act of contrition stated when his father told the servants, “Let us celebrate with a feast, because this son of mine was dead, and has come to life again; he was lost, and has been found.’ Then the celebration began. Now the older son had been out in the field and, on his way back, as he neared the house, he heard the sound of music and dancing.” So this was not a private homecoming dinner; this was a full-fledged party with great food including the best steaks around, music and dancing! Jesus provided this image to show the delight of God over one sinner who repents. As we elders look back on our lives, there are sure to be some decisions we regret, but we are assured of God’s love and forgiveness. Having just observed Lent, the great season of repentance, we celebrate the greatest feast of the Christian calendar, the Resurrection of Jesus after he gave his life for the salvation of humankind. Knowing that God so loved us and the world that he sent his only-begotten son so that everyone who believes in him might not perish, but might have eternal life, how can we not celebrate?



REIMAGINING ENGAGEMENT

Staying fit and happy as we age may take some effort, but it is so worth it.

By: Nellyvette Gonzalez-Martinez, MS
and Andrea Tercero, MS, LMT, LMTI

In 2020, The Village staff was challenged with reimagining engagement activities under COVID-19 social distancing guidelines. Bingo, crafts, birthday celebrations and happy hour were temporarily cancelled until we were able to come up with new ways to thrive, not just survive, during trying times.



Today, over three years later, our residents are not just thriving, they are flourishing! To us, life really is a party. Every day is an opportunity to be grateful and celebrate life, for our own benefit and the wellbeing of others. Together as a community, we have all learned so much about the value of being engaged in all aspects of our life. While we continue to celebrate, we are especially looking forward to National Older American Month (OAM) in May.

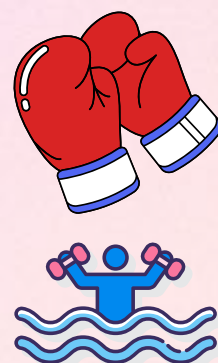
This year's theme is Aging Unbound, which explores the diversity of aging experiences and discusses how communities can combat stereotypes. Our activities here at TVIW will include our annual "Age Strong, Live Long" walk, Spring Formal, and many other engaging activities to celebrate older adults and aging. To read more about these activities and how you can join the fun, see page 7 for our upcoming calendar of events.



My philosophy of fitness is, if you want to stay independent, you've got to keep moving and if you want to keep moving, you've got to get strong." Andrea Tercero

Incorporating fitness into your daily routine is a piece of the puzzle of the need and value to live a healthy independent life. Adults aged 65 and older need at least: 150 minutes a week (for example, 30 minutes a day, 5 days a week) of moderate-intensity activity such as brisk walking.*

Here at The Village at Incarnate Word, we offer: massage sessions, personal training sessions, group exercises including the following: Easy Fit, Balance & Body Fusion, Pilates-Yoga, Boot Camp, HIIT the Floor, Ups & Downs of Cardio, Tai Chi, Pounding, Badminton, Boxing 4Balance, Latin & Country Dance, and my favorite - Water Works. All TVIW Fitness Classes are geared toward engaging the body and mind in cardio conditioning, fall prevention, muscular strength and endurance training, and range of motion exercises.



This year, for our residents, we will offer several new Spring/Summer classes: swim, bike, walk, hiking in the woods, and an aquatic therapy rehab class.

**Source: Centers for Disease Control and Prevention*



AROUND THE HOUSE



Anna, Fernando, and Marie celebrate Mardi Gras



Loretta, Celina, Teresa, Betsy, and Beth at Palentine's Day



Julett celebrates Hearts Day in style



Patsy says "Cheers" at our annual Mardi Gras party



Charlene enjoys an outing to the McNay Art Museum



Olga Leonor, Bertha, and Carrie show off their crafts



Olive toasts to celebrate Incarnate Word Day



Lovebirds, Liz and Mike, pose with the Easter Bunny



Community members join us for an all ages Easter egg hunt



Charlie and Kathy pose with Fr. Guy at his farewell party



Msgr. William, Col, T.R., and Paul enjoy the Angelique patio



Lewis, family, and the Easter Bunny

BEST

RETIREMENT COMMUNITY AND ASSISTED LIVING IN SAN ANTONIO!



Thank you for voting us San Antonio's Best Retirement Community and Best Assisted Living!

2023 MySA Express News Readers' Choice Awards

We are honored to receive this recognition on behalf of the many staff, residents, volunteers, and community members who make The Village a great place to live and work. We remain dedicated to our commitment to show respect for the whole person at every stage of life, focusing on the unique needs of elderly adults. Since 1988, we have provided housing, services, and a full continuum of care for thousands of local older adults.

This September, we will celebrate 35 years of service to our community. We cannot wait to see what blessings the next 35 years bring!

TVIW Amenities & Services



Four Living Areas

- Independent Living
- Assisted Living
- Skilled Nursing/Rehabilitation
- Memory Care



Central location in Alamo Heights



Concierge, Housekeeping, Maintenance, and Transportation Services



Restaurant and Bistro Style Dining



Indoor Pool and Fitness Center

Testimonials

*"Before moving
into Independent
Living at TVIW, Mom
was just existing...
now she is living!"*
- Henry H.

*"Living at TVIW, the
general atmosphere
is one of compassion,
peace, and caring.
It is a great setting
for us elders to live
out our final years.
What a blessing."*
- Anonymous



Alma



Jo Ann

**Call our Senior Living
Counselors to learn more!**

(210) 829-7561

Upcoming Events

Spring/Summer

JOIN THE FUN!

Come to our upcoming events to see for yourself what makes The Village so special.

May
05

Age Strong, Live Long **Walk & Field Day**

Get moving at our annual Older Americans Month walk at UIW's Benson Stadium! Walking, field games, snacks, and more.

9 AM - 11 AM 📍 **Benson Stadium @ UIW**

May
08

Older Americans Month **Spring Formal**

Kick off Older Americans Month in style at our hollywood-themed Spring Formal, featuring live music, dancing, and cocktails.

4 PM - 6 PM 📍 **CHRISTUS Heritage Hall**

June
10

Father's Day **Car Show**

Treat dad, grandpa, or the kids to a classic car show, presented on Father's Day weekend by SATX Car Show!

11 AM - 3 PM 📍 **Angelique House**

July
21

Christmas in July **Mercado**

Shop in CHRISTUS Heritage Hall from dozens of vendors offering unique crafts, accessories, and much more!

10 AM - 2 PM 📍 **CHRISTUS Heritage Hall**

For more information: Call (210) 829-7561



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SPRING 2023

Kudos to
all the stellar
staff and
volunteers who
make TVIW
such a special
place!

Living our MISSION

"Our mission is to
extend the healing
ministry of
Jesus Christ to all
those we serve."

Congratulations, EMPLOYEES OF THE MONTH!



FEBRUARY
Branda Ramirez
Housekeeping

Branda has been employed
at The Village for one year.

She works as a housekeeper in Angelique House, where she shines as a true asset to TVIW. She helps keep our community clean and safe. Above all, she always treats our residents with dignity, respect, and kindness. Thank you, Branda, for living our mission!



MARCH
Julia Hernandez
Sisters Care (Concierge)

Julia has worked for Sisters Care for two years. She is an essential part of our caring concierge team that is available 24/7 for anything our residents need. She is adored by our community members and is always quick to offer help with a smile. Thank you, Julia, for your dedication to our mission!

VOLUNTEER



Have fun connecting with older adults!

Volunteer positions include, but are not limited to:

- Caring Companion
 - Spend one-on-one time with residents residing in nursing/memory care units.
- Activity Assistant
 - Help with BINGO, games, crafts, etc.
- Special Event Volunteer
 - Serve food/drinks at holiday events, monthly birthday dinners, etc.
- Spiritual Life Assistant
 - Serve as an usher, lector, musician, or Eucharistic Minister at St. Joseph's Chapel.

Call (210) 829-7561 x 943 to learn more.

Have you or a loved one received excellent care from a TVIW staff member? We would love to hear from you!

Scan the QR code or visit bit.ly/reviewtviw to review us on Google. If you prefer to give your testimonial over the phone, please call Terri at (210) 829-7561 x 190 or email terri.landez@thevillageiw.org.



COMMUNITY COLUMN



Spring Featured Writers:
Richard & Francine

Are you a Villlage resident, staff member, or community member who has a passion for writing? Would you like your work to be featured in the next issue of "The View"? Submit your writings to terri.landez@thevillageiw.org.



Outsider to Insider

By Richard Natalicchio, TVIW Resident

For a good many years, my wife Kitty and I volunteered in Noah's Cart gift shop here at The Village at Incarnate Word. We also helped with the Galas that raised funds for the Sisters Care ministry. From this distance, we had just a glimpse of life in The Village from the outside.

In July of 2022, we moved into Independent Living. Over the past several months, we have made many new friends. With joy, we have come to know what great people reside here.

The Village is buoyed up by the people who live and work here. We have seen firsthand, the kindness, gentleness and overall camaraderie found in these our residents. It is a spirit unique to this community! Here we not only have food for the body, but food for the soul (daily Mass, devotions to Mary, Bible classes, etc.)

The management staff run a great ship and with transparency. The folks on the front line, Fernando, Nelly, Andrea, Esther & Jo Ann are stalwarts in their unending efforts to make the Residents' lives as happy as can be. Every so often, one may hear someone grumbling about one thing or another. To them I say, "Look at all the great things we share here".

There is no lack of activities, entertainment, parties or special occasions (monthly birthday dinners). There is a state-of-the-art swimming pool with a hot tub. We have a gym with a variety of machines to help us keep the body moving. We have movies, a variety of games, and so on.

Transportation is provided regularly, allowing residents to get out to do some shopping. There is a concierge service available 24/7! As insiders, we see the Village as an institution comprised of people living in different stages of life, workers dedicated to their jobs and who are always courteous and friendly to all.

Now that we have crossed over from the outside to the inside, we couldn't be happier with the decision we made to move into The Village at the Incarnate Word.

In His Presence

By Francine Whigham
TVIW Receptionist

Living in a world with constant distractions, oftentimes we may feel that our faith is challenged when we pray. Maybe you are distracted by worry, health concerns or the grief of losing someone dear. May I share with you today that in our discovery of quiet guarded times snuggled alone with the Lord, is where we find the grace, strength and patience to endure. When God fashioned us in His divine image, He created us with the nature to depend on Him. Being that He is acquainted with our every need, we can turn to Him with confidence and assurance that He cares and He answers.

So dear one, when you feel the tug of distractions in your path, remember your Heavenly Father is near and He is waiting to meet you within those quiet intimate moments He has prepared for you.

Let us pray together:
Dear Heavenly Father, thank you for never leaving us alone. In our times of struggle and despair, you pursue us with your love and comfort that replaces every anxiety we feel. Help us dear Lord to conquer every distraction by leading us closer to you, snuggled alone in your presence.

In Jesus name we pray,
Amen.

1 Peter 5:7
Matthew 11:28

Thank you!

Gifts received

Feb. 1, 2023 - Mar. 31, 2023

VALENTINE'S CANDY GRAMS

Candygrams

Sr. Juanita Albracht, CCVI
Anonymous
Darlene Ayraud
Sharon Baker
Dr. Carlos and Mrs. Martha
Lowry Bazan
Ann Beck
Jennifer Birbeck
Sr. Kathleen Conway, CCVI
Kathleen Cornet
Joan Dixon
Sr. Mary Dolores Doyle, CCVI
Sr. Jane Farek, CCVI
Irene Fernando
Sr. Rose Mary Forck, CCVI
Sr. Eleanor Geever, CCVI
Nellyvette Gonzalez- Martinez
Robert Hodnett
Jolene Holguin
Jessica Kimmel, PhD
Nicole Lafferty
Mary Lockhart
Richard & Kitty Natalicchio
Sr. Audrey O'Mahony, CCVI
Alice Orta
Sr. Mary Teresa Phelan, CCVI
Donald Schmidt
Donna Semmes
Kathleen Sisolak

Amazon Smile
Anonymous
Olga Arias
Tom Badger
Sr. Louise Ann Delisi, CCVI
Irene Fernando
Celina Garza
Paul Gergen
Estate of Eileen Light
Edna L. Moon
Pershing
Fr. Jim Rutkowski
Niki Simpson
Shirley Wagner

Landscape Project

Anonymous
Sharon Baker
Lorraine C. Coleman
Irene Fernando
Mary Alice Garza
Ruth Kusenberger
Douglas Martin
Laura McGowan
Thomas Munley
Harold O'Connor
Morgan Price
Sisters of Charity of the
Incarnate Word
Helen Small
Marie C. Trevino
Fred Witters

Sisters Care 30th

Pat Clancy
Jo Anne Comeaux
Geoffrey Crabtree
Dulce Gonzalez
Niki Simpson

Scan
to
Give



Help us reach our \$30,000 goal!

In Memoriam

Feb. 1, 2022 - Mar. 31, 2023

The Village at Incarnate Word is grateful for the opportunity to have served the following individuals:

Residents

Betty Bernard
Sr. Maria Estella Flynn, CCVI
Rose Hoelscher
Deacon Robert Kusenberger
Dr. Gilbert Murillo
JoAnne Murillo
Dr. John Vardiman

Sisters Care Clients

Carol DiSabatino
Loulee Shaw
Maria Valero

Friends of TVIW

Janice Katherine Brake,
Former Staff Member

Patrick McMillan,
Former Connections Instructor

Natalie Soto,
Former Staff Member

In Memory of...

Sr. Mary Veronica Drugan, CCVI
Hortense Patterson
Marilyn Hartung
Patricia & James Howard
Sr. Agnes Rose Piwonka, CCVI
Patricia & Richard Linnstaedter

TVIW NEIGHBOR MONTHLY GIVING PROGRAM

Give any amount monthly to become a #TVIWNeighbor!

"You shall love your neighbor as yourself." Matthew 22:39

Donating monthly is an easy, convenient, and affordable way to give! For as little as \$10 a month, you can support local older adults and sustain our mission.



Scan to Give

Where does my gift go?

You decide! Select the ministry that means the most to you.



Area of Most Need

Provides ongoing facility maintenance, repairs and upgrades, staffing needs, resident services, and more.



CCVI Legacy Fund

Provides rent subsidies to current TVIW residents who need assistance with monthly living expenses.



Project Elder Help

Provides quality in-home assistance for community members throughout San Antonio, for little to no cost.



Spiritual Life

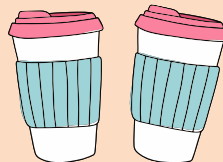
Provides spiritual enrichment for TVIW residents, including daily Mass, Adoration, and non-denominational prayer services.

It doesn't cost a lot to make a difference!

See how these gifts add up:

\$10/month

= coffee shop run



\$120/year

\$25/month

= night of drinks



\$300/year

\$50/month

= dinner date



\$600/year

Thank you, TVIW Neighbors!

Feb - Mar 2023

Letty Arrowood*
Sharon Baker
Lea Campbell*
Jacqueline Carr*
Rachel Castro*
Joan Dixon*
Jeanette Eisenmenger*
Irene Golla
Robert "Bob" Hodnett
Lynda Jennings*
Terri Landez*
Katie McNally
Mary Ann Rodriguez*
Bebe Rosser
Fernando Sorolla-Delgado*
Col. Ambrose and
Beverly Szalwinski
Yvonne Weber

**TVIW Employee*

Join Now

Scan QR code to donate



Questions?

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Call (210) 829-7561 x 162



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AT INCARNATE WORD

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ON THE COVER

Evelyn celebrated her birthday in style with family and friends at our February Birthday Feast Day dinner! For more photos from "Around the House", take a look inside on page five.

Follow Us!



Spring into action!

Your dream retirement is waiting.
Schedule a tour today!



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email info@thevillageiw.org
for more information.

www.thevillageiw.org