

THEVIEW

A Publication for Residents, Staff, Families, and Friends of The Village at Incarnate Word



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Message from Paul Harrison

President and Chief Executive Officer

Dear Friends of The Village at Incarnate Word,

As we begin what will surely be an extraordinary year, I would like to express my deepest gratitude for the unwavering support of our residents, donors, family members,

board members, volunteers, and the relentless dedication of our team members throughout 2023.

The Village's 2023 year was filled with many successes, none of which would have been possible without your trust, commitment, and prayers.

As we begin 2024, I am excited to share that The Village at Incarnate Word has been designated as a Great Place To Work®. This designation is a result of the scores To The Village received during our 2023 Great Place to Work Trust Index Employee Survey. Based on the Trust Index Methodology, a Great Place to Work is one where you TRUST the people you work for; have PRIDE in what you do; and ENJOY the people you work with. The national average Trust Index Score for continuing care retirement communities across the nation is 75%. The average Trust Index Score for all industries in the United States is 79%. The Village's Trust Index Score is 81%! We are excited about our results and very appreciative of our staff that participated in the survey.

On another note of excitement, I am happy to introduce two new additions to The Village's Board of Directors, Ms. Janie Barrera, and Ms. Elaine Hicks. Janie recently retired from her position as CEO for LiftFund. LiftFund is a small business microlender with offices in several states. Elaine is a Senior Executive Partner with Gartner. Gartner is an international provider of research and consulting services for businesses in the information technology sector. Both Janie and Elaine bring extensive backgrounds in the areas of strategic planning, finance, IT, and operations. Undoubtedly, they are both great additions that will bring fresh perspectives to our Board of Directors.

Once again, thank you for helping us make 2023 a successful year, and may you all have a blessed 2024!

Kindest Regards,

Great Place **Work**®

Certified 2023

Diana Beckmann-Mendez, PhD Sr. Kathleen Coughlin, CCVI Aric J. Garza Elaine Hicks Sandy Klein Paul Klein Sr. Margaret Snyder, CCVI



Our mission is to extend the healing ministry of Jesus Christ to all those we serve.

The View magazine is created and edited by Terri Landez, The Village's Social Media and Creative Manager.



2023 BOARD OF DIRECTORS

Dana Wheeler Terracina Chair

> Howard Lutz Vice Chair

Geoffrey Crabtree Treasurer

Randy Vogel, CPA Secretary

Paul Harrison President and CEO

Janie Barrera

TOGETHER IN COMMUNITY



Written by Sr. Shirley Vaughn, CCVI, MA Mission Integration Director



"All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need. Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved."

This description of the early Christian Community in Jerusalem can be found in the Acts of the Apostles 2:44-47. The core elements of sharing and helping one another as well as communal prayer still characterize the church. Of course, when we read just a little further into Acts, we discover that everything was not quite as idyllic as Luke first presented. Greed and jealousy crept into the community leading to deception, death and fear. (Acts 5:1-11)

The element of community as part of the essence of The Village at Incarnate Word is undoubtedly rooted in the presence of the Sisters of Charity of the Incarnate Word, who have lived together in communities of various sizes and structures all of their adult lives. According to their Constitutions, the Holy Trinity, model of unity and plurality, is the source and example of their community life. The sisters in a local community strive to help each other to grow in faith, to develop

personally and respect each one's uniqueness in order to fulfill the congregation's mission. As in the Jerusalem community, this is a work in progress and never fully achieved.

I believe the same can be said of the community of The Village at Incarnate Word. Every day I witness residents and staff encouraging one another, helping one another, entertaining one another, enjoying one another, serving one another, praying together and working together to make The Village a great place to live and a great place to work. Every day kindness abounds, smiles spread from one person to another and the love of Jesus Christ becomes more visible.

The Village community is not devoted solely to the good of the members. Working together, residents and staff members have a long history of outreach to others, including the students at UIW, the resident families of Visitation House, homeless persons in San Antonio, patients in CHRISTUS Children's, Catholic Charities, St. Vincent de Paul ministries and Seton Home families.

We are The Village at Incarnate Word:

Rich in Tradition, Devoted to Care, Together in Community.

Community Bullors

In celebration of all the people, groups, staff, and ministries that bring our Village closer together. We are grateful for their efforts which help our community grow in strength and dedication to each other.

"Building a community
that empowers everyone
to attain their full
potential through each of
us respecting each
other's dignity, rights
and responsibilities
makes the world a
better place to live."
— Pope John Paul II

SPIRITUAL LIFE AT THE VILLAGE

By deepening their personal relationships with God, residents at The Village also have the opportunity to deepen their relationships with each other. Daily Mass is offered in our main onsite chapel, St. Joseph's Chapel, and in our DeMatel and Angelique House chapels. Friends pray with and for each other every afternoon in our Adoration chapel and also can attend weekly Bible studies, Rosaries, and interfaith programming. The community built through these spiritually enriching activities is strong because it is built on a foundation of faith, trust, and love for one another.



SISTERS CARE IN-HOME CARE

For over 30 years, Sisters Care has built community throughout Bexar County by serving individuals in their homes with dignity and respect.

Clients seeking assistance from Sisters Care are paired with caregivers who can assist them with day to day tasks. Caregivers help with daily chores, transportation, meal preparation, light housekeeping, running errands, personal hygiene, and so much more. With this support, older or disabled clients can remain in their homes safely with a bolstered sense of independence and security. Through their work, Sisters Care builds supportive relationships not just here at our Village, but in households throughout all of Greater San Antonio.



ACTIVITIES & WELLNESS

On an average day at The Village, our community is buzzing with activity. Take a look at one of our monthly activities calendars and you will see all the exercise classes, spiritual offerings, crafts, outings, and other activities that are available. Our activities directors Nelly, Anna, and Mona serve each house of the Village with activities tailored to the residents' interests. Our fitness instructor, Andrea, offers over a dozen classes a week that anyone can participate in. These activities serve to strengthen our bodies, minds, and souls, while also helping us have fun together as a community of friends and neighbors.

RESIDENT-LED CLUBS & GROUPS

In addition to staff-led activities, our community is home to many resident-led groups and clubs. In 2023, a Resident Council was created to directly address resident concerns. There is a resident-led volunteer group called The Senior Cardinals Club (pictured to the right) that meets weekly to complete projects for local nonprofits. The Village Players are a theatre group, dedicated to writing and performing theatrical works. There is also a crochet club, book club, various card/tabletop game groups, and many more groups that meet regularly. All of these clubs are a reflection of the active lifestyles of our residents and their desire to connect with those with similar interests.



The Next Holiday is

VOLUNTEERS

The Village is blessed to receive visits from volunteers of all ages, like the student volunteers pictured here from Blessed Sacrament Academy. Some volunteers come to our community to perform music or dance, some help us with events or activities, and others stop by simply to chat with residents. Whatever it is our volunteers do, their impact is immense. They foster connection between our community members, bring joy and smiles, and show genuine care for our residents. We are so grateful for all those who haved gifted our community with their time, talents, or treasure.

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The Benefits of **Community Living**

As we age and navigate life's challenges, it's crucial to feel connected and engaged with life. A lack of community or support system not only affects our mental health but can also have physical implications. Research shows that social isolation and loneliness can increase the risk of dementia by 50% and the risk of stroke or heart disease by approximately 30%. Living in a community with friends and peers can significantly enhance one's quality of life.

Five Perks of Community Living

Social Opportunities

The Village offers the chance to meet new people. or reconnect with old friends, all from the comfort of your home. With dozens of neighbors, you're bound to meet people who share similar interests.

Safety and Security

It's reassuring to know that others are looking out for you. In a community like The Village, neighbors check in on one another, reach out, and advocate for each other's well-being.

Peer-to-Peer Support

Sometimes it helps to speak with someone who understands the unique challenges that can come with getting older. Living among peers can connect you with others on topics like grief, loneliness, physical limitations, and other concerns of aging.

Low Maintenance

Dedicated staff will take care of the cooking, driving, housekeeping, and maintenance for you so you can enjoy retired life as stress-free as possible.

Active Lifestyle

With a full calendar of activities, you can tailor each day to your interests. The Village offers fitness classes, social events, and other activities that can enhance both your physical and social health.



Interested in learning more about community living at The Village?

Contact Alma Cosme at (210) 829-7561



AROUND THE HOUSE



OCTOBER - DECEMBER 2023



Bea on Halloween

Sr. Louise places a carnation during the

Day of Remembrance



attend the Halloween Trunk or Treat





Valerie visits with Santa in the Main Dining Room



Barbara and her family celebrate her birthday



Sr. Martha Ann and Dr. Kimmel



Residents, family, and staff gather to watch the Annular Eclipse on October 14, 2023



Residents and staff visit UIW's light display



Lucille meets the Grinch



Lovebirds: Fred and Fredda



Isabel and Frank ring in the New Year in style



Anna and Marie at the annual Resident Christmas Dinner

Congratulations, EMPLOYEE OF THE YEAR



How did it feel to win Employee of the Year? I was really amazed and was not expecting it! It meant a lot to me and I felt good that my work was noticed and appreciated.

What does a typical work day look like for you? I'm the Housekeeping Supervisor so each day, I come to work at 7:00 a.m. and first make sure all my employees are here and I do my rounds. I make sure everything is fully stocked, check laundry and then the rest of the day, I help wherever needed with restocking, cleaning, and staffing concerns.

What is your proudest work accomplishment? In 2023, I worked as the Interim Housekeeping Director for three months and was very proud of myself for accomplishing that! It was challenging, but it was also one of the best experiences. And I was grateful to have the opportunity to show everything that I could do and what we could accomplish together as a Housekeeping team.

What is your favorite part of your job? I love the residents. I've been here 6 years so I have some very special relationships with a lot of the residents and my coworkers. We have a great community and I feel very blessed!

Great Place To Work® Certified 2023 USA

Thank you for making The Village a great place to work!

Employees of the Month

October - December



OCTOBER Francine Whigham Marketing

Francine has been the evening receptionist at

The Village for three years. She embodies our mission by greeting every visitor with a "God bless you" and kindly assisting them with whatever they need. She is also a talented writer and often shares her poems and prayers in "The View" newsletter.



NOVEMBER Cathy Harrison

Angelique House

Cathy has worked at The Village for three years in

Angelique House activities. In every activity she leads, Cathy brings joy and dignity to our residents. She is helpful and kind towards everyone and is deservedly well-loved by our residents and staff.



DECEMBER Cecilia Cuevas

Alphonse House

Cecilia has worked as a medication aide in Alphonse

House assisted living for two years. No matter what our residents need, Cecilia is always ready to get the job done. She takes on additional shifts when needed and is a true asset to the Alphonse House care team.

RESIDENT COLUMN



All About Our Residents

We sent an end-of-vear questionnaire to some TVIW residents - read what a few wrote below!

Rene O.

Hometown:

Laredo, TX

Favorite Song:

"Be Not Afraid"

Favorite 2023 Memory:

Singing with an acapella group in Italy and singing for Mass at the Vatican.

Sr. Josetta

Hometown:

Jefferson City, MO

Favorite 2023 Memory:

Celebration of my 90th birthday!

Favorite Things to Do:

Square dance, play bingo and other games with friends.

Sr. Louise

Hometown:

San Antonio. TX

Favorite Things to Do:

Pray and read good books.

Mv 2024 Goal:

Be mindful of caring for our Mother Earth by recycling and refraining from using plastic!

Hortense P.

Hometown:

Goliad, TX

Favorite Song:

"Shake it Off" (Taylor Swift!)

Favorite Thing To Do:

Read the Bible.

MarvAlice G.

Hometown:

San Antonio

Favorite Song:

"Stardust"

My 2024 Goal:

Enjoying and living each day to the fullest.

Sr. Angela

Hometown:

Bryant, AK **Favorite Song:**

"Sunshine on

Mv Shoulders"

Favorite Book:

"The Cry and the Covenant" by Thompson

Kathy O.

Hometown:

Tulsa. OK

Favorite Book:

"Simple Abundance" by Sarah Ban Breathnach

Favorite Things to Do:

Daily Mass and walks with friends.

Patricia S.

Hometown:

San Antonio. TX

Favorite Song

"If" by Bread (1971)

Favorite 2023 Memory:

Visits from my sons in the courtyard and Grotto and Blue hole on The Village and UIW's campus.

Sr. Mary Carmel

Hometown:

Ireland

Favorite 2023 Memory:

Moving into The Village and enjoying everything offered.

Favorite Things to Do:

Take care of the Adoration Chapel and serve at daily Mass at our St. Joseph's chapel.

Sr. Consuelo

Hometown:

Karnes City, TX

Favorite Song:

"Make Me an Instrument of your Peace"

My 2024 Goal:

To accept the things I cannot change.

Raquel S.

Hometown:

Laredo, TX

Favorite Movie:

"Hondo" (1953)

Favorite Memory:

The first time my

husband kissed me when we were dating.

Connie M.

Hometown:

Victoria, TX

Favorite Movie:

"The Sound of Music"

Favorite Things to Do:

Playing canasta once a week and daily exercise classes with Andrea, our talented fitness teacher.



Listen to **TVIW Resident's Favorite Songs!** Scan to listen



or visit bit.ly/tviwplaylist

Check out two great ways to support The Village's mission and our charitable ministries this February!

VALENTINE'S CANDY GRAMS

Spread the love for a good cause!



Onsale now through Friday, February 10th.

bit.ly/villagecandygrams

\$5 EACH

Includes a full size candy bar and a handmade card with a handwritten, personal message!





Help us reach \$4,000!

This year our goal is to provide 800 Candy Grams, not only for all of our Village residents and Sisters Care clients, but also for 500 Meals on Wheels San Antonio clients!

Thank you to Meals on Wheels San Antonio for helping share even more love throughout our city!



The Village at Incarnate Word invites you to the

Spirit of Service

2024 AWARD LUNCHEON

February 21, 2024 | 11:30 AM - 1:00 PM



Honoring Rick Grinnan

Bishop Claude Dubuis Award Recipient



Dr. Bess Frost

Keynote Speaker UT Health San Antonio Barshop Institute



Siobhain Anders

Event Emcee Meteorologist at News 4/Fox 29

Tickets and sponsorships still available!





Thank you, Sponsors!

Sponsor Listing as of January 10, 2024.

Spirit of Tradition

Paul & Sandy Klein

Spirit of Care



CENZKOR

Caring is our business

Geoffrey Crabtree

Dana Wheeler Terracina



Spirit of Community

Lisa K. Bailey
Carmelite Friends of Rick Grinnan
Guido Companies, Inc.
Howard & Lody Lutz and Charlie & Holly

Howard & Jody Lutz and Charlie & Holly Lutz Select Rehabilitation

University of the Incarnate Word The Village at Incarnate Word Management Team Randy & Carol Vogel

WINTER 2024

Thank you. Gifts received Oct 1. - Dec. 31, 2023

Anonymous
Keith Arney
Rachel Castro
Lorraine C. Coleman
Irene Fernando
Sarah Henderson
Douglas W. Martin
Edna Leal Moon
Fr. Nicholas Rutkowski
Sisters of Charity of
the Incarnate Word
Helen Werland

Year End Giving

Alex & Gretchen Bealer In honor of C.J. Collins Boehm LP In memory of Mr. & Mrs. Robert Boehm Sue Borden Sally & Charlie Cheever Foundation Adrian Cowan Dr. Maria Cruz In memory of Sr. Elia Rosas Joan & Craig Dixon Davlyn Duesterhaus Jimell Erwin In memory of Sr. Catherine Bruen Yolanda French In memory of Bob French Grace Green Stephen Golas Maryanne & Tom Guido Sarah Henderson Joseph Jaggard Jr. Susan B. Jung In memory of Martha Garwood Darach P. Kilbride Dr. Jessica Kimmel Sandy & Paul Klein Florence Kruciak-Hernandez Maria Kusenberger In honor of Ruth Kusenberger William Landwehr

Year End Giving (cont.)

Sr. Sarah Lennon, CCVI Muriel M. Lozano Sr. Margaret Mannion, CCVI Edna Leal Moon Tom & Maripat Munley Dr. Ann K. Nauman In honor of Sr. Matilda Fagan Harold & Barbara O'Connor Dr. Rene & Kathy Ornes Mary Jo Price In memory of Patrick McMillan Dr. Richard Rouse In memory of Richard and Marianne Rouse **Dorothy Samas** Nancy Schweers In memory of Anne McMahan Sr. Teresa Stanley, CCVI In memory of Sr. Grace O'Meara John Treadway Deidra Trov Eugenia Vineys Sr. Corine Walsh, CCVI Mr. and Mrs. James Warrington Fidelity Charitable Gift Fund

In Memory of...

Ann Sparkman Jeffrev P. Crumrine Renee and Brent Silber Truax Construction Anne Simo Nancy Chavana John Hermann Hasenbeck George P. Olson Pierette Riou Pierre J. Riou Paul Rosanno Sr. Shirley Vaughn, CCVI Virginia Vogel Michelle M. Brekken John Engler **FORVIS** Sandy & Paul Klein Michael & Liz Rourke Sr. Shirley Vaughn, CCVI Randy & Carol Vogel Sr. John Damascene Simons Kenneth & Carol Simons Mr. and Mrs. Shirley Vaughn Sr. Shirley Vaughn, CCVI

Monthly Giving

Sharon Beck Baker
Irene Fernando
Irene Golla
Marilyn Haumer
Robert Hodnett
Ambrose & Beverly Szalwinski
Yvonne Weber

Employee Giving

Letty Arrowood
LeaEtta Campbell
Jacqueline Carr
Rachel Castro
Joan Dixon
Jeanette Eisenmenger
Lynda Jennings
Terri Landez
Lorraine Velasquez

In Honor of...

Sr. Kathleen Coughlin, CCVI Incarnate Word Foundation Sr. Alice Holden, CCVI Margaret Mary O'Brien Sandy & Paul Klein 50th Anniversary Lee & Martha Grant

In-Kind Gifts

Sr. Brigid Marie Clarke, CCVI* Estate of John Meneghetti

*A special thanks to Sr. Brigid Marie for donating her time and talents to lead a spiritual retreat for our community in December.



The Village at Incarnate Word 4707 Broadway San Antonio, TX 78209 (210) 829-7561 www.thevillageiw.org

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In Memoriam

Oct. 1 - Dec. 31, 2023

The Village at Incarnate Word is grateful for the opportunity to have served the following individuals:

Arthur "Art" Bernstein
Gerardine "Gerry" Frost
Ernesto Garcia
Mattie Minor
Mattie Neff
Lydia Rodriguez
Joyce Shepherd
Charlotte Ann Sparkman
Fannie Steele
Dr. Patricia "Patty Ann" Tenner
Virginia Vogel
Sallie Waclawczyk
Dr. Kaye Wilkins



If you love The Village, take a few minutes to leave us a Google review!



Scan to review

ON THE COVER

Residents (left to right) Raquel, Sylvia, and Jane enjoy an outdoor Happy Hour and music in the Dubuis courtyard.

www.thevillageiw.org





