

## THE VIEW

A Publication for Residents, Staff, Families, and Friends of The Village at Incarnate Word



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### A Letter from Dana Terracina

#### Chair of the Board of Directors

Dear Friends of The Village at Incarnate Word,

As my third year as Board Chair draws to a close, I am filled with pride as we celebrate numerous achievements and accolades that highlight the exceptional care we provide to our residents and clients every day.

This year also brought substantial change, as we bid farewell to former CEO Paul Harrison, who has embarked on a new adventure in Winston-Salem, NC. Over his six years with us, Paul established a solid foundation that positions us well for the future. We wish him and his wife, Cathy, all the best in their new endeavors.

Looking ahead, I am excited to announce the appointment of Le Roy Fields Campbell as our new President and CEO. With extensive experience in senior living and a commitment to our faith-based mission, Le Roy embodies the spirit of servant leadership. I am fully confident he will continue to advance our mission to extend the healing ministry of Jesus Christ to all those we serve. Le Roy and his wife, Britnee, have four children and strong roots in the San Antonio community.



Le Roy Fields Campbell

I extend my heartfelt gratitude to the search committee, several of whom are volunteers, for their incredible dedication and countless hours spent selecting the right candidate. I appreciate our leadership team and staff for maintaining our 5-star care during this time of transition. I am especially thankful to our residents for their willingness to participate in the process and for the valuable input and perspective they provided. As always, the prayers and support of the Incarnate Word Sisters have been much appreciated during this process.

As Mr. Fields Campbell joins our family in early November, I invite you to extend him a warm welcome. We have an exciting future ahead!

Warm regards,

Dava Terracina

Dana Terracina Board Chair, The Village at Incarnate Word

THE VILLAGE
AT INCARNATE WORD

#### 2024 BOARD OF DIRECTORS

Dana Wheeler Terracina
Chair

Howard Lutz
Vice Chair

Geoffrey Crabtree
Treasurer

Randy Vogel, CPA

Secretary

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Aric J. Garza
Elaine Hicks
Paul Klein
Sandy Klein
Sr. Margaret Snyder, CCVI

#### **OUR MISSION**

To extend the healing ministry of Jesus Christ to all those we serve.



The View magazine is created and edited by Terri Landez, The Village's Social Media and Creative Manager.





Written by Sr. Shirley Vaughn, CCVI, MA Mission Integration Director

Living well: what does it mean? A quick internet search led me to the Roman Stoic philosopher Seneca, who was a contemporary of Jesus. The philosophy of the Stoics offers some worthwhile points for living well, for example: the importance of living in the present moment and resilience in the face of adversity. The Stoics also warn against worrying about bad things that may or may not happen in the future, but recommend reflecting on the good aspects of your life and how you would feel if you lost them; the purpose of this is to increase your gratitude for the benefits you enjoy.

During the last days of September, at Mass we had readings from the Book of Proverbs, which also offers good advice, such as: "Do not envy the violent and choose none of their ways.", "Ill-gotten treasures profit nothing, but justice saves from death.", "A wise heart accepts commands, but a babbling fool will be overthrown.", "The honesty of the upright guides them; the faithless are ruined by their duplicity.", "Kindly people benefit themselves, but the merciless harm themselves.", "Justice leads toward life, but pursuit of evil, toward death."

Jesus' Sermon on the Mount, beginning in the fifth chapter of the gospel according to Matthew, offers the best guide for genuinely living well:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven... Blessed are they who hunger and thirst for righteousness, for they will be satisfied.... Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the peacemakers, for they will be called children of God."

Beyond the Beatitudes, Jesus continued, "Whoever is angry with his brother will be liable to judgment... Let your 'Yes' mean 'Yes,' and your 'No' mean 'No.' Anything more is from the evil one... Love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father, for he makes the sun rise on the bad and the good, and causes rain to fall on the just and the unjust... Take care not to perform righteous deeds in order that people may see them; otherwise, you will have no recompense from your heavenly Father... When you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you... do not babble like the pagans, who think that they will be heard because of their many words.

"Do not store up for yourselves treasures on earth, where moth and decay destroy, and thieves break in and steal. But store up treasures in heaven, where neither moth nor decay destroys, nor thieves break in and steal. For where your treasure is, there also will your heart be... Seek first the kingdom of God and his righteousness, and all these things will be given you besides. Do not worry about tomorrow; tomorrow will take care of itself. Sufficient for a day is its own evil."

No doubt, the teachings of Jesus are not the ones offered by financial experts or even preachers of the so-called health and wealth theology, but for disciples of the Incarnate Word, "living well" is not just for fleeting happiness on earth, but for everlasting joy in Heaven. It's our choice to make every day with every decision we make.

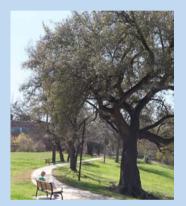
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## LIVING WELL at The Village

Interested in learning more about life at The Village? Call Alma at (210) 829-7561 to tour today!

How community living can improve many aspects of your health

As we age, our focus on health and well-being becomes increasingly important. In a community living setting like The Village, you have a wide range of amenities and services right at your fingertips, designed to help you thrive in every aspect of your health. Plus, you are surrounded by supportive friends and dedicated staff who genuinely care. Check out some ideas below for nourishing different aspects of your health while enjoying life here at The Village.



#### **Environmental Health**

Enjoy the outdoors daily-whether by walking outside or simply enjoying sun in the courtyard. Take a quick walk or bike ride to the 53-acre Headwaters Nature Sanctuary, located adjacent to our campus. Or explore nearby favorites like the Botanical Garden and Brackenridge Park.



#### **Intellectual Health**

Audit college classes right next door at the University of the Incarnate Word, or walk over for concerts, art shows, sporting events, and more. At The Village, you can also enjoy regular guest speakers, book clubs, games, puzzles, and other activities to stimulate the mind.



#### **Physical Health**

Choose from over 15 group fitness classes a week, or work out independently in our indoor, heated pool or fully equipped Wellness Center. Our dedicated Fitness Instructor, Andrea, is eager to help through personal training, massage therapy, and more.



#### **Spiritual Health**

Visit with God every day at our four onsite chapels: St. Joseph's Chapel, DeMatel & Angelique House Chapels, and an Adoration Chapel. Daily Mass is offered, weekly bible studies, and ample opportunities to gather as a community to lift each other up in prayer and love.



#### Take Comfort in Knowing Help is Available, Whenever You Need It

- Concierge is available 24/7 to help with the little things like meals, medication reminders, walking your pets, or assessing you if you are not feeling well. You can also sign up for the "Peace of Mind Program" to receive regular visits once, twice, or three times a day.
- For someone wanting one or more hours of help a day, Sisters Care is a great solution. You'll be paired with a caregiver who can assist around the house, provide transportation, offer companionship, and so much more.
- If you are recovering from a fall, surgery, stroke, or other injury, you can complete physical therapy right here at The Village. We partner with Select Rehabilitation to provide onsite physical, occupational, and speech therapy to help you reduce pain and improve your quality of life.

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# TO A FULFILLING LIFE

For many older adults, the key to a fulfilling life is embracing new opportunities and engaging in activities that bring joy. Saying "yes" to new experiences—whether it's meeting new people or picking up a new hobby—can help us grow and find meaning in our everyday lives.

It's easy to fall into the comfort of familiar routines and resist stepping outside of our comfort zones. We might also hear that inner critic telling us things like, "You can't paint; you're not an artist!" or "You can't dance; you'll embarrass vourself!" But the truth is, your life is shaped by your choices. By engaging meaningfully with those around us—through exploration, learning, movement, and creativity —we enhance our emotional well-being.

So remember, it's never too late to try something new! Don't wait for the "perfect time," because it doesn't exist. NOW is the moment to step out of your comfort zone, say yes, and discover how life can surprise you!



Kathie found a new passion for painting, thanks to afternoon art classes with Nelly. She never painted before living at The Village, and now she creates works of art!



Carrie finds joy & purpose volunteering with the Senior Cardinals Club, making baby blankets to donate to those in need.

## **VOLUNTEER AT THE VILLAGE**(210) 829-7561 x 943

Call Fernando at to learn more.

Another great way to engage with life is to volunteer! Look below for opportunities to get involved.



#### **Noah's Cart Gift Shop**

Sell merchandise and greet customers at Noah's Cart, open Mon, Wed, & Fri from 10 AM - 2 PM. (Minimum commitment of 6 hours a week, computer use required.)



#### **Event Assistants**

Assist with set-up, decorating, and serving food/drinks at Fiesta at The Village, Birthday Celebrations, Luau, Halloween, Deck the Halls, and more.



#### **Volunteer with Residents**

Visit our DeMatel or Angelique House residents one-on-one to brighten their day! Or help lead group activities like crafts, Bingo, Loteria, games, outings, and more.



#### **Chapel Volunteers**

Participate in Mass at St. Joseph's or DeMatel Chapel as a eucharistic minister, lector or usher. (This position may require training or Chaplain's approval.)

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## Resident

Village residents reflect on "Living Well"

#### What does "living well" mean to you?

Feeling at peace with myself and God. He has been there for me for over 90 years; forgiving, blessing and loving me. - Anonymous Resident

Love, family, grandchildren, great grandchildren, and health!! And living at the Village at Incarnate Word! - Hortense P.



Feeling the best I can every day.
- Anonymous Resident

Being relieved from household decisions and maintenance, having friends, and not having to prepare all my meals. - Anonymous Resident

## What daily habits contribute most to your overall sense of well-being?

Daily Mass and time for prayer in our Adoration Chapel. I read the daily paper and work jigsaw puzzles. - Sr. Louise

Daily exercise, reading library books, gardening, or getting a call from my grandchildren out of state. - Eddice J.

Meditation and prayer first thing each day! I've also started a bible study group which meets once a week in my apartment.

- Anonymous Resident

The best gift we're given each day is being able to attend Mass. Whenever we want to, we can visit the Chapel and be thankful for the good night and day ahead. God has certainly heard our prayers. - Leo & Virginia W.

## How do you enjoy nature and stay physically active?

We enjoy the beautiful blooming shrubbery, along with our view of the huge Crepe Myrtle tree in the courtyard and seeing what else is in bloom while walking. - Leo & Virginia W.

9:00 AM stretching class! And a daily swim of 30 minutes or more. - Bill L.

I like riding the bikes in the gym or walking in the courtyard. I also like watching the sunrise and love watching the dogs play outside. - Nancy B.

### What activities boost your mental or social health?

My iPad connects me to family, friends, and information. - Sr. Louise

Reading, games of Bridge or Mahjongg, and Mexican Train.

- Anonymous Resident

We do a lot of walking in the evenings and enjoy greeting others out and about. - Leo & Virginia W.

## What is a new interest that you have pursued recently?

Swimming, because I am new to the Village and the availability of a wonderful indoor pool! - Bill L.

Acting in plays here at The Village (never did that before!) - Patsy T.

Pickleball and crafts!
- Anonymous Resident

Growing a small garden! - Eddice J.



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### **AROUND** THE HOUSE



JULY - SEPTEMBER 2024



Doris and Bea share a hug and smile for Bea's 108th birthday



Sr. Mary T attends the Christmas in July Mercado with a friend



The cast of "It's Time, Now What?", a play written by Dr. Ornes & performed by The Village Players.



Lifelona friends, Jane & Dixie, enjoy visiting



Sr. Louise & Sr. Josetta celebrate Friendship Day



Gilda and her daughter have afternoon tea in Angelique House.



Patsy and her son celebrate her birthday.



(L to R): Marian, Tony, Virginia, Sue, and Roger attend our annual Village Luau.







Sr. Sarah and Tom say farewell to retiring COO, Jeanette Eisenmenger, and departing CEO, Paul Harrison.



Jack, Isabel, and Kathie enjoy lunch at the top of the Tower of Americas.



Residents spend an evening at the Scobee Planetarium at SAC.

## Celebrating Our Staff

#### 2024 MILESTONE **Anniversaries**

Congratulations to the following team members on their milestone anniversaries with The Village. We are grateful for your years of dedication to our mission of extending the healing ministry of Jesus Christ to all those we serve.

#### **40 YEARS**

Jane Fore.....Alphonse House

#### **20 YEARS**

Linda Rios.....Angelique House Irma Serrano.....Angelique House

#### 15 YEARS

Diana Arriola.....Sisters Care
Alma Cosme.....Marketing
Mary Ruiz.....Alphonse House

#### 10 YEARS

Jeannette Chavarria......Sisters Care
Latrecia Davis.....Sisters Care
Modesto Olvera.....Maintenance
Esther Sanchez....Resident Services
Minerva Sanchez....Sisters Care

#### **5 YEARS**

## Congratulations, EMPLOYEES OF THE MONTH!

July - September 2024



#### JULY Elia Gamez

Housekeeping

Elia has worked at TVIW in housekeeping for 3 years.

She always exceeds expectations, going above and beyond while cleaning resident's apartments and common areas. Her attention to detail shows a great level of care for our community and our mission. Thank you, Elia!



## AUGUST Minerva Sanchez Sisters Care

Minerva has worked at TVIW as a caregiver for 10

years. Her boundless compassion for our Sisters Care clients is truly inspiring. All the clients she works with appreciate her kindness, dedication, and expertise. Thank you, Minerva, for living our mission every day through your compassionate care!



## SEPTEMBER Taylor Vidaurri

Sisters Care

Taylor has worked at TVIW as a caregiver since June.

She has quickly made a difference, displaying an inspiring dedication to patient advocacy and resident rights. Thank you, Taylor, for providing our Sisters Care clients and residents with the exceptional care that they deserve!

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## **Your Guide to Year-End Giving**

#### Why Donate Before the End of 2024?

It's the most wonderful time of the year to give! In fact, donations received in December account for roughly one-fourth (26%) of annual nonprofit revenue (Source: M+R Benchmark Reporting). Many donors choose to give as a holiday gift, or for year-end tax purposes. There are many incentives to give before December 31st, plus your gift benefits our Village's charitable ministries, including:

#### **Project Elder Help**

By supporting Project Elder Help (PEH), you help older adults age in place with dignity. PEH provides Sisters Care In-Home Care services on a sliding scale basis to individuals living throughout San Antonio. Qualified clients receive quality care at home at a rate they can afford.



#### **CCVI Legacy Fund**

This program provides charitable rent subsidies for current Village residents who are struggling financially. We believe no older adult should have to face the threat of eviction or homelessness. With your support, the Legacy Fund provides housing security for older adults in need.



Your generosity provides daily spiritual enrichment for older adults, including retired religious Sisters and lay people. Our spiritual life programs include daily Mass and Adoration in TVIW chapels, weekly Bible study, prayer services and other interfaith offerings.



#### **Area of Most Need**

Unrestricted donations sustain our mission. Your support provides funding for ongoing facility maintenance, community improvements, staffing, resident services, and more. It enhances the lives of our residents. fostering a supportive and safe community for all. Do you know about this charitable

#### **Qualified Charitable Distributions (QCDs)**

Gifts must be made by December 31, 2024

- A QCD is a charitable donation made from your Individual Retirement Account (IRA).
- You must be at least 70 1/2 years old to be eligible to make a Qualified Charitable Distribution from your IRA.
- The maximum annual amount that can qualify for a QCD is \$100,000 for an individual or \$200,000 for a couple filing jointly.
- To make a QCD, inform your financial advisor or IRA administrator for assistance preparing your donation.
- Making a QCD has benefits! For most, donations made before December 31st count towards the Required Minimum Distribution (RMD) for 2024.

The Village at Incarnate Word is a 501(c)(3) nonprofit. For more information on our mission and how you can help, visit www.thevillageiw.org or call (210) 829-7561.



giving incentive?

#### Thank you, VETERANS!

#### **Army Veterans**

Maria Aguilar\* Jay Beamesderfer Jack Blanchette Robert Brown Col. Terrence "T. R." Byrne<sup>†</sup> Devona Council\* Robert Cruise Robert Hodnett Robert C. Locke Col. James "Jim" Lunz Roberta McGregor<sup>†</sup> John Moore Col. Thomas Munley Bernard Nelson Ivan "Ike" Oren Charles Schmidt Lewis "David" Shows Jacqueline Smith<sup>†</sup> Leo Weber Fred Witters

#### **Air Force Veterans**

Laura Buran
Robert Howard
Deacon Scott Imburgia†
Gerhard Janson†
Jack Johnson†
Jack Love
Douglas Martin
Luis Martinez Estrada
Alan McDonald
Roberta McGregor†
Harold "Hal" O'Connor
Roger Scow

#### **Navy Veterans**

Col. Terrence "T. R." Byrne<sup>†</sup> Hall Hammond

†Final Roll Call \*Staff Veterans

#### The Village News





#### In Memoriam

July 16 - Sept. 30, 2024

The Village at Incarnate Word is grateful for the opportunity to have served the following individuals:

Paul Bernard
Marcella Denson
Patricia Greefkens
Olga Leonor Holguin
Deacon Scott Imburgia
Gerhard "Gerry" Janson
Jack Johnson
Florence "Nicky" Marriott
Richard Natalicchio
Kathleen Palousek
Patricia "Patty" Rayburg
Mary Rubin
Raquel Salas

Kaquei Saias Sr. Margaret Patrice Slattery, CCVI Herbert Sutton

## Thank you. Gifts received July 1 - September 30, 2024

Anonymous Olga Arias Patrick Aziz Martha Bazan Kathleen Bolner Michael Bolner Susan Brennen Rachel Castro Nancy Chavana La Familia Cortez Restaurants Barbara Gentry Irene Golla Virginia Green Sarah Henderson Elaine Hicks Isla Carroll Turner Friendship Trust Just Giving William Landwehr Dr. Kathleen Light Sr. Margaret Mannion, CCVI Chervl McMullan Dr. Richard Rouse Teresa Savo Sr. Margaret Snyder, CCVI Olga Weich

#### Monthly Giving

Anonymous Marilyn Haumer Robert Hodnett Yvonne Weber

#### **Employee Giving**

Letty Arrowood
LeaEtta Campbell
Jacqueline Carr
Rachel Castro
Joan Dixon
Jeanette Eisenmenger
Lynda Jennings
Terri Landez
Lorraine Velasquez

#### In Honor of...

Roberta Barnes Ruth & Jim Roddy Le Roy Fields Campbell, New CEO Anonymous Jeanette Eisenmenger Alma Cosme Sr. Shirley Vaughn, CCVI Steve Fuller Sr. Shirley Vaughn, CCVI Paul Harrison Sr. Shirley Vaughn, CCVI Holly & Charlie Lutz Barbara Gentry Richard & Kitty Natalicchio Anonymous Olga Arias

#### In Memory of...

Sr. Sheila Ruane, CCVI
Kathleen Pancoast
Sr. Margaret Patrice Slattery, CCVI
Michael Davis
Virginia Vogel
Sr. Shirley Vaughn, CCVI



## A Big THANK YOU to our Big Give Donors!

Our 2024 Big Give goal was to raise \$10,000 for Project Elder Help. Thanks to the generosity of the donors listed here, and an anonymous donor who gave a transformative \$40,000 gift, we are thrilled to share that we exceeded our goal by 493% and raised a total of \$49,305. Thank you to all those who gave - we could not have done this without your support!

#### The Big Give 2024

Anonymous Tisha Beck Diana Beckmann-Mendez Ashlev Bolin Rachel Castro Geoff Crabtree Elroy Crenwelge Joan Dixon Ronald Enderle In honor of Sr. Angela Murdaugh, FSM Rene Farias Ellen Franckowiak Yolanda French Eli and Anna Garza Lauren Gonzalez Sharon Goodwin Florence Guido Cathy Harrison Debi & Kreg Hazlett Lynda Jennings Darach P. Kilbride Julie & Peter Landez Terri Landez Sr. Sarah Lennon, CCVI Jennifer Openshaw O'Brien Jill Piazzi Morgan Price Fr. Jim Rutkowski Janeen Ryan Fernando Sorolla-Delgado Sr. Teresa Stanley, CCVI Debbie Stringfellow Dana Terracina Randy Vogel Sr. Corine Walsh, CCVI Julie Wauters Yvonne Weber Michelle Williamson

Fred Witters

Kimberly Woller



The Village at Incarnate Word 4707 Broadway San Antonio, TX 78209 (210) 829-7561 www.thevillageiw.org

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#### ON THE COVER

Residents pose for a photo while enjoying a fall stroll around Brackenridge Villa and other spots on the University of the Incarnate Word campus. Top row, left to right: Celina and Elodia. Bottom row, left to right: Carrie, Loretta, and Teresa









#### SAVE THE DATE: FEBRUARY 11, 2025

THE VILLAGE AT INCARNATE WORD 2025 AWARD LUNCHEON

Recognizing those who have answered the call to serve.

FEB. 11, 2025

11:30 AM - 1:00 PM

SAN **ANTONIO** COUNTRY **CLUB** 

4100 N NEW **BRAUNFELS** AVE



Join Us in Honoring Tom & Maryanne Guido 2025 Bishop Dubuis Award Recipients

REGISTER

